

RYLA 2012 ~ If it is to be it is up to me!

Counselor Manual

*The blue and gray pages are only in the counselor manual!

Table of Contents

Counselor Manual	1
Mission Statement	3
Welcome Counselors!	3
Counselors as Facilitators	5
Counselor Tips:	6
The Top Ten RYLA Counselor Do's and Don't's	7
Pre-RYLA To Do List	8
Packing List	9
Guidelines for Speaker Introductions and Thank Yous	10
Hints For Guiding Groups	11
Icebreakers!!	12
Group Debrief: Good Questions	13
A Formula for Effective Debriefing	14
Conferee Manual	17
Mission Statement	18
Welcome to RYLA XXVI!	18
A Brief History of the Incredible Group that is Rotary	20
A Brief History of RYLA	20
Counselors & Teams for 2012	21
Sunday, July 22nd	22
Icebreaker Activity	23
Wrap Session Checklist	25
My Proudest Achievements	27
Make A Difference Topics	29
Evaluation for Sunday	31
Hike Sign Up	33
Monday, July 23rd	35
True Colors Worksheets	41
True Colors Skit	47
True Colors-Word Cluster	53
Wrap Session Checklist	55
Evaluation for Monday	57

Tuesday July 24th	59
RYLA Ball Schedule	62
Eggspress Instructions	63
Wrap Session Checklist	65
Evaluation for Tuesday	67
Wednesday July 25th	69
RYLA Rumble Instructions	71
Comedy Club Skit Judging Sheet	73
Wrap Session Checklist	74
Talent Show Sign Up	75
Evaluation for Wednesday	77
Thursday July 26th	79
Parade of Flags Judging Sheet	79
Olympics Schedule	81
Wrap Session Checklist	83
Letter to Me	85
Evaluation for Thursday	87
Friday July 27th	89
Final Wrap Session	91
Evaluation for Friday	93
Problems I Observed and Potential Changes For Next Year's RYLA Conference	95
Conferee Evaluation	97
Extra Resources	99
Interact	99
Rotary Youth Exchange	100
Rotaract	101
Becoming a Junior Counselor	101
Young RYLA	101
Junior Counselor Bios	102
Senior Counselor Bios	108
Staff Bios	113



July 22 - July 27, 2012

Mission Statement

RYLA believes leadership is a skill that can be learned and practiced and must be applied to have worth. RYLA strives to improve judgment and personal responsibility, and builds awareness of key leadership traits, group needs and the needs of the world. RYLA values leaders who exhibit integrity, accountability, and humility. Through personal interaction and firm teaching, we accomplish our mission of bettering the young leaders of our region.

Welcome Counselors!

Congratulations! You have been selected as a Counselor for RYLA 2012!!! Prepare to embark on a great experience with a team of extremely special young men and women. The teams of young people with whom you will be working have been carefully selected by many Rotarians, and are the best Colorado, Wyoming, and western Nebraska have to offer. RYLA Counsellorship is a wonderful opportunity to enjoy the lives of these special young people and help to direct them toward a positive future. Many have asked for this opportunity, but you were selected because you have the skills and abilities to become an outstanding RYLA Counselor.

The **primary responsibility** of RYLA Counselors is to help the conferees receive the greatest benefit from the RYLA program in a safe and healthy environment. Also, of equal importance, whatever counselors do will be perceived as acceptable behavior by other counselors and students. It is nothing less than being a role model 24 hours a day. The theme of the conference may help: **If it is to be it is up to me!** Our Rocky Mountain RYLA definition of leadership is "**Leaders are those who compel others to positive action by the power of their own positive actions.**"

This week is for the Conferees! Everything you do is for their benefit!

There are two orientation sessions for the Junior and Senior Counselors. The first is **June 29-July 1** and is a **Dress Rehearsal** of the week. The second is on the Saturday and Sunday morning **July 21st and 22nd**, before RYLA registration begins.

On the 21st, counselors will be given a binder containing information about their conferees. Each team will be a mix of males and females entering their junior or senior year of high school. The counselor binder will include: the conferees in the team, their room assignment, and their sponsoring clubs. Also you will receive a list of all the conferees attending the conference, their home addresses, phone numbers, emergency phone numbers, and medical information and restrictions (if applicable). Counselors will also be furnished with copies of the program and other relevant information such as conference rules, policies, and emergency procedures. Information on the conference is also available at www.rmryla.org.

An important function of the counselors is to pass information on to their teams. The teams need to be kept informed and on track. Students need to be frequently reminded that they are expected to wear their nametags and be on time to all activities. They represent their communities, their schools, and sponsoring Rotary Clubs.

Start gearing up for an incredible week of RYLA Magic!!!

Counselors as Facilitators

Counselor Roles: Counselors are to be friends and resources for the conferees. JCs and SCs operate as a team, with the JC taking the lead. The main role of the JCs is to facilitate team discussions, help develop a team identity, and foster creativity and leadership during designated activities. SCs will aid them in these goals, providing JCs with support and acting the main enforcer of the rules when necessary. Counselors **MUST NOT** dominate the discussions!

Group Dynamic: Don't stress out over how your group is doing. Every group evolves at its own rate. No need to worry, each team always finds a special bond. Relax!

Rules and Behavior: If a problem arises, the Chair or Assistant Chair will be available to help. Counselors have a responsibility to observe, remind, and encourage the conferees to abide by the rules and fully participate in activities of the conference. Counselors must be especially vigilant during times like "Rise and Shine" and "Lights Out" as well-rested conferees will benefit more from the week. RYLA insists that conferees attend all sessions, and conduct themselves with dignity. The counselors are expected to know where their conferees are and see that they are in attendance at the various scheduled activities. **This includes sitting with the team during sessions at Willome Hall and requires unobtrusive head counts.**

Emergencies: The conferees have been instructed to contact the nearest counselor if anyone is hurt or injured. Please go to the person that is injured to determine the extent of the problem. Have someone contact **Curt Harris** (cell phone 303-589-4723). Stay with the injured party. If the injury is minor, there is dispensary available between 8:00 AM and 4:30 PM just east of the Ponderosa Dining Hall. A doctor is on call 24 hours a day. RYLA has prearranged with the hospital in Estes Park for any major problems, and an ambulance can be summoned. RYLA has the signed parental release forms for all conferees.

Phone Call Emergencies: Should parents of conferees need to contact their child, they will call the phone number for the camp that is in their application brochure. They will leave a message with the Conference Center Office. The office will bring us the message and we will get the information to the person quickly.

Counselor Tips:

Communication

- Get to know your team, by name and personality, as quickly as possible.
- Make them ALL an active part of the team.
- Make them respectful friends, so they are not alienated from you.
- Never give the answer, be patient, they will get it if you let them.
- Remind them of this year's Conference theme: **If it is to be it is up to me!**

Information

- Stress the importance of the schedule and that you expect them to be personally responsible for knowing and following it.

Enjoy

- Make this week fun for yourself and your team.
- Laugh with them, cheer them on, be a part of them and love them!

More Practical Tips

- *Read the manual. Re-read the manual. Take Notes while reading the manual.*
- Give your team members lots of permission to brag about themselves and their accomplishments.

"If you can do it [or have done it], it ain't braggin'"

- Baseball Hall of Famer, Dizzy Dean.

- Begin the week by being very clear about your expectations of the conferees' behavior (e.g., they will follow the rules and principles of RYLA).

- "We will always treat you as adults unless or until you give us reason not to."

- Encourage drinking water from hour #1. The high altitude can be tough!
- Listen. Listen. Listen not only to words, but also to the feelings being expressed and listen to what is not being said.
- Keep in mind your actions speak louder than your words, soooo "walk your talk."
- When you think of it, initiate...don't procrastinate.
- Take the initiative, but emotionally let go of the outcome.
- The best way to make new friends is to let them help you.
- SCs: email or call your JCs and ask: "What are your expectations for RYLA?"
- JCs: email or call your SCs and ask: "What are your expectations for RYLA?"

The Top Ten RYLA Counselor Do's and Don't's

10. DO learn your team members' names. Actively include all of your team members in all team discussions and activities. Look at the profiles and know their interests.
9. DON'T worry if your team isn't immediately bonding together and forming the "dream team"... Have patience and allow your team to develop naturally into something truly special...No two teams are ever the same! DON'T be disappointed if you feel like your team is forming in a way that leaves you on the outside looking in. **You are there to support and foster your team, not to relive the conferee experience.**
8. DO talk and communicate with the other counselors, especially your JC or SC.
7. DO privately ask one of the leaders in the group to help draw in those who are not actively participating.
6. DON'T be afraid to ask for help if you need it. This is the best support group you'll ever find!
5. DO bring small candies and snacks to Willome to pass out to the group if they are starting to get less focused. Just do it subtly, preferably no loud wrappers.
4. DO end wrap sessions at 10:00 PM sharp and lights out at 10:30 PM - YMCA Conference Center Rules. Get logistics done at the beginning of the wrap session and then enjoy the fun!
3. DO stress RESPECT for each other and the speakers, and require and confirm that all team members are in attendance at **all sessions and activities** and are **on time!!!** (*The team is a team only when all team members are present*).
2. DO make sure you get as much SLEEP as practical.
1. DO make the week fun and enjoyable, this is an incredible opportunity to learn, grow and laugh until your stomach hurts!

Pre-RYLA To Do List

- Read the manual...Read the manual...Really, read the manual!
- Meet with or talk on the phone to your other counselor **AT LEAST TWICE!**
- Prepare for you Word of Focus
- Plan for *Make a Difference Group*
 - Do research on statistics and background of your topic; go in prepared
 - Make sure you have written your brief on your issue, and bring three copies of it with you to share
- Contact each of your conferees by phone (**until you hear from each of them**)
- Figure out your costume for the dance!
- Get sleep before RYLA (lots of it)
- Call/Facebook/E-mail Darian or Emily (ryla.headjc@gmail.com) with any questions,
- **Finally, GET EXCITED!**

Packing List

(this is the conferee list)

- combination of shorts and pants for 5 days
- shirts for 5 days (don't forget RYLA shirts!)
- socks and shoes to hike in and play basketball in
- underwear
- comfortable footwear to wear around rooms and between buildings
- rain gear, especially jacket
- light jacket
- sweatshirt for night (don't forget RYLA sweats!)
- all bathroom things needed
 - toothbrush and toothpaste
 - shampoo
 - brush or comb
 - deodorant
 - anything else necessary, contacts, glasses, lotion, etc
- sunscreen and sunglasses/hat
- backpack or bag to carry manual and other materials
- paper and pen
- alarm
- sleeping bag (**only if you are not okay sharing a double bed!**)
- watch
- camera
- sleepwear
- swimsuit and towel (only if you want to go swimming as an activity in the mornings)
- small musical instruments (if wanted)

Guidelines for Speaker Introductions and Thank Yous

Introduction

The speakers are our invited guest. They are taking their valuable time and making considerable effort to be with us and share their knowledge and experiences with us. It is up to us to be courteous hosts and attentive listeners!

Two objectives should be uppermost in telling the audience about the speakers:

- Sell the speakers and subjects to the audience
- Create interest and/or suspense

In selling the speakers, be **sincere**, not gratuitous. Emphasize what they have done, the important positions held, significant experiences and accomplishments.

Intro Sequence: The subject, the speaker's background and the SPEAKER'S NAME.

Telling the audience about the speaker suggests the **strong qualifications** of the speaker regarding the subject. Giving the speaker's name at the end of the introduction completes the process. An example would be: **"Please join me in a warm RYLA welcome to (name)."** At this time **begin the applause, welcome the speaker to the lectern or stage with a warm handshake and hand him or her the microphone.** Time is important so do all of these in two to three minutes and enjoy!

Thank You

The objective is to express to the speaker our appreciation for him or her spending significant time and effort to make our day more special. Do the "Thank You" at the end of the Q & A period. Have the speaker gift with you. **Look directly at the speaker, state a brief, sincere expression of appreciation, give the gift to the speaker and lead the applause again.** Lastly, **escort the speaker from the stage.**

Thank You Letter

Both the teams conducting the Introduction and Conclusion will need to write a brief card thanking the speaker for his/her time. Have the whole team sign it!

Hints For Guiding Groups

Some Principles to Consider as A Facilitator for Your Group

- Be patient.
- The discussion and debriefing are more important than finishing an activity.
- Guide the Group (OUR JOB IS TO **STEER** THE BOAT, NOT **ROW** IT).
- Allow the group to make mistakes (so they can learn from them).
- Ask other members of the group (privately) to bring the shy individuals in.
- Listen to what is being said, as well as what is not.
- Don't evaluate or judge what is said!
- Watch for body signals to see who is ready to speak next, bring in those who continually are overridden.

Some Ways to Handle Difficult Situations

If the group is challenging you as the facilitator for why something is done at RYLA...

- Explain your understanding, but avoid defending the way it is done.
- Ask the group what it thinks needs to be done to make it better.
- Ask the group to explain in more detail what is not working.
- Make sure no more than one person is speaking.

If one or two people in the group are consistently being disruptive...

- Talk to those individuals in private.
- Ask them to explain how they see the situation.
- Tell them that your perception is that they are disruptive to the group process in a way that is not helpful.
- See if they will agree to tone it down so the group can have a better meeting process.

If they are consistently violating any ground rules...

- Ask them to please follow the ground rules everyone agreed to.
- If that is still not working, talk to the Head JCs and Chair to come up with other solutions.

Icebreakers!!

Get It Together: Have members line up according to directions given (i.e. shoe size, birth date). Increase difficulty by restricting speech, sight, mobility.

Circle Sway: Have the group stand in a tight circle around one member. The person in the middle should cross his/her arms across his/her chest, then allow him/her self to fall forward keeping the feet in the same place and the body rigid. The members of the circle will support the person while slowly moving him/her around the circle.

Wild Wind Blows: Group sits in a circle with one person in the center. The person in the middle says something like, "The wild wind blows for all those wearing blue." Then all the people wearing blue must get up and change seats. They cannot move to the seat on either side of them. The person in the middle tries to get to an open seat, thereby taking someone's place and leaving a new person in the middle.

Ha: In this game, members of the group lie on the floor on their backs. Each member must have his/her head resting on the stomach of another group member, so the group forms a zigzag line. The object is to pass around the word "ha" without laughing. The first person begins by saying "ha", then the next member repeats it and adds on another "ha". This continues on to the last person, unless the group starts laughing first.

In addition to these games, there are many others that do not necessarily need explanation.

They include:

"Smile if you love me honey"

Human knots

Group lap-sit

Chinese sit-ups

A variety of name games

Tearing off TP and telling that many things about yourself

Group Debrief: Good Questions

Keep these questions in mind (or handy) while you observe your group working and then come back to them during debrief and or during Rap Sessions. Teams often learn more from a good debrief than from the activity itself.

Ask the team to respond to these questions:

How did our team perform? What factors led to it performing well? What would have made our team perform better?

Who became a leader during this exercise? How were they beneficial to completing the task?

What was the main message of the speaker? What is one (or a few) thing you will take away from the speaker?

Who can share something that was helpful during the activity?

Was there respect shown in the team? Were team members able to "disagree agreeably?"

What did people do or say that demonstrated leadership?

What examples of team support did you see?

How did decisions get made? By the leader? By the expert? By consensus?

Did people feel free to contribute? Why or why not?

Were you a good follower in this activity? What are some of the characteristics of a good follower?

What would you do differently if done again?

Did the group communicate well? If not, how could the communication be improved?

A Formula for Effective Debriefing

Remember that the debriefing process has a sequence. It works best when you begin with simple ideas and then work the group into more difficult and abstract debriefing topics. Try thinking of the debriefing process as a three-step process - or just three (3) leading question headings:

What?So What?Now What?

What?

What actually happened?

What was observed?

Who said what?

What did you see?

What did you think?

So What?

So what was learned?

So what skills or talents were demonstrated and by whom?

So what feelings arose? When did they arise? What thoughts promoted them?

So why did the group's plan work or not work?

So what would have made it work more effectively?

So how would you rate your current level of teamwork?

So what resentments, apologies, requests or acknowledgments would you like to make before moving on?

Now What?

Now what plans, techniques or strategies do we want to keep?

Now what plans, techniques or strategies do we want to avoid?

What new skills do we want to develop or practice before going on?

How does anything we have learned so far apply to our daily lives?

What skills and talents have you used effectively today that you would like to use more often in your daily lives?

Pages Color Coding

White - regular pages of the manual

Yellow - pages to be turned in by conferees to JC,
or by JCs to Emily and Darian

Blue and Gray - counselor resources

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Conferee Manual

Table of Contents

Conferee Manual	17
Mission Statement	18
Welcome to RYLA XXVI	18
A Brief History of the Incredible Group that is Rotary	20
A Brief History of RYLA	20
Counselors & Teams for 2012	21
Sunday July 22nd	22
Icebreaker Activity	23
Make a Difference Topics	29
Evaluation for Sunday	31
Monday July 23rd	35
True Colors Worksheets	41
True Colors-Word Cluster	53
Evaluation for Monday	57
Tuesday July 24th	59
Eggspress Instructions	63
Evaluation for Tuesday	67
Wednesday July 25th	69
Evaluation for Wednesday	77
Thursday July 26th	79
Parade of Flags Judging Sheet	79
Letter to Me	85
Evaluation for Thursday	87
Friday July 27th	89
Evaluation for Friday	93
Extra Resources	99
Interact	99
Rotary Youth Exchange	100
Rotaract	101
Becoming a Junior Counselor	101
Young RYLA	101
Junior Counselor Bios	102



July 22 - July 27, 2011

Mission Statement

RYLA believes leadership is a skill that can be learned and practiced and must be applied to have worth. RYLA strives to improve judgment and personal responsibility, and builds awareness of key leadership traits, group needs and the needs of the world. RYLA values leaders who exhibit integrity, accountability, and humility. Through personal interaction and firm teaching, we accomplish our mission of bettering the young leaders of our region.

Welcome to RYLA XXVI!

Congratulations on being selected out of hundreds of applicants to attend this very special Rotary Youth Leadership Award conference. This next week will be busy, but also a once-in-a-lifetime opportunity! RYLA has the potential to change your life dramatically and for the better, all it takes is an open mind!

This notebook is a crucial piece of getting through the next week. Inside these pages are all the basic facts you need to know about every activity, as well as forms, quotes, and stories to help you along the way. Don't leave it behind!

For the next week, you will be with a team of ten to twelve other students who are probably completely different from you. Many relationships made during RYLA will stay with you for years, maybe even the rest of your life. The groups will each be led by a Junior Counselor, who has been to RYLA at least once before, and a Senior Counselor, who is a Rotarian. Both of the counselors have a unique role in guiding the group and are essential parts of the whole experience. There are also two Head JCs, Darian Finley-Garcia and Emily O'Boyle, who are there to make sure everything runs smoothly. Curt Harris is an excellent person to know, as he is the conference chair and head honcho running **RYLA XXVI**.

The theme of this year's conference is **If it is to be it is up to me!** This theme will be very important throughout the week, along with the daily themes. Each activity goes along with these themes as well as our three objectives:

Personal Leadership through overcoming personal challenges and becoming the best leader possible.

Compassionate Leadership by encouraging heartfelt leading of peers by peers.

Real World Leadership by providing young leaders with foundational leadership skills for use in the real world.

In addition, there are daily themes to help focus our thinking and behavior around Rotary's 4-Way Test. The conference will include speakers, activities, and brainstorming about leadership and what leaders say, do, and think. A big part of the week is looking at ways each of us can *Make a Difference* in our lives and the lives of others.

One more thing: RYLA is a time to get involved and try new things. We ask that you try everything with your full heart devoted to it. However, if you still feel uneasy after you have tested the waters feel free to sit out the activity. Keep in mind that RYLA is designed to push the limits of your comfort level and that will be easiest with an open mind!

It is time to start thinking and living leadership. The RYLA definition: "A Leader is One Who Compels Others to Positive Action by the Power of Their Own Positive Action." The way to get the most out of RYLA is to be open-minded, open-hearted, and most importantly yourself. Have a fantastic week!

A Brief History of the Incredible Group that is Rotary

* From the Rotary International Website www.rotary.org

The world's first service club, the Rotary Club of Chicago, Illinois, USA, was formed in 1905 by Paul P. Harris, an attorney who wished to recapture in a professional club the same friendly spirit he had felt in the small towns of his youth. The name "Rotary" derived from the early practice of rotating meetings among members' offices. By 1921, Rotary clubs had been formed on six continents, and the organization adopted the name Rotary International a year later.

As Rotary grew, its mission expanded beyond serving the professional and social interests of club members. The organization's dedication to helping communities in need is best expressed in its principal motto: **Service Above Self**. Rotary also later embraced a code of ethics, called **The 4-Way Test**. Today, 1.2 million Rotarians belong to some 33,000 Rotary clubs in over 200 countries.

In 1985, Rotary made a historic commitment to immunize all of the world's children against polio with its PolioPlus program. Rotarians have mobilized hundreds of thousands of PolioPlus volunteers and have immunized more than one billion children worldwide.

A Brief History of RYLA

RYLA began in Queensland, Australia in May of 1960 by Rotary districts 260 and 258. The committee created a program to train youth (14-30) in character, leadership, personal development, and good citizenship. RYLA was approved by the RI board in 1971 as an official program.

After hearing about the success of RYLA from a Texan District Governor in 1983, DG Stan Black asked Virgil Holtgrewe from Lakewood to attend the Dos Rios, NM camp with a few boys (girls were not allowed) the following summer. In 1985, Virgil asked Murph Widdowfield from Lakewood and Warren Holmes from Greeley to take another 11 boys to experience the camp. As a result of the pilot project's success, the three Rotarians spent 1986 planning for the first District 545 RYLA Camp took that place July 26-31, 1987. There were 102 attendees and 15 Rotarians involved from Colorado, Wyoming, and Northern Nebraska. By 1988 the program grew to include 120 participants. In the early 1990's Districts 5450 and 5440 were separated, though the District Governors elected to still hold RYLA together. Finally, in 2002, RYLA grew to its current capacity of 240 participants, 20 junior counselors, 20 senior counselors, and 5 staff.

Counselors & Teams for 2012

Chair

Curt Harris

Head JCs

Darian Finley Garcia
Emily O'Boyle

Sidekick

George Vickstrom

Assistant Chair

Bob Wallace

Photos

Maddie Towne

Team

SC

JC

1	Norm Lyster	Macee Jo Mueller
2	Stacy (Harris) Kiehl	Ashley Hatzenbihler
3	Marc Solnet	Shannon Galligan
4	Vicki Bock	Tanner McManus
5	Casey Sacks	McKenzie Tilton
6	Len Brass	Elliot Towne
7	Maria Camp	Evert Justice Finger
8	Katie Keller	Annie Casey
9	Larry Fitzsimons	Gabe Romero
10	Jan Keyton	Ellie Scripps
11	Bev Stewart	Renzo Laynes
12	Joseph Roos	Sam Miyauchi
13	Donna Martemucci	Omar Solis
14	Dan Davis	Lauren Gresh
15	Mark Vickstrom	Jordan Carr
16	Maud Huey Kenyon	Ashley Packard
17	Greg Hoskinson	Sam Banks
18	Phil Murphy	Katlyn Alapati
19	Skye Coleman Wiesz	Abbey Solnet
20	Rawnda Pierce	Ian Tuttle

Sunday, July 22nd

Icebreaker Instructions

"The opportunity for brotherhood presents itself every time you meet a human being."

- Jane Wyman

On a following page is a list of interesting facts with a blank line next to them. Try to find a person to sign every line on the sheet!

Pledge of Allegiance

"America is more than a place, it is a feeling." - Tumbleweed Smith

Throughout the week we will say the Pledge of Allegiance at the beginning of every day in recognition of the amazing place we live.

**I pledge allegiance to the Flag
of the United States of America,
and to the Republic for which it stands,
one Nation under God, indivisible,
with Liberty and Justice for all.**

Welcome to RYLA!

"Look all around you, welcome to this day" - Melissa Etheridge

Meet your JC and SC team!

Word of Focus

"What lies behind us and what lies before us are small matters compared to what lies within us."

- Ralph Waldo Emerson

This is a very special time for the JCs to take ten minutes to share with the entire conference something that matters to them. The focuses of these talks range all over from personal experiences to world-wide topics. Often this is everyone's favorite time of the week, because the conferees learn about each of the wonderful counselors, and the JCs address topics close to their hearts.

Corey Ciocchetti

"Authentic Success" <http://www.coreyspeaks.com/>

Professor Corey Ciocchetti is passionate about "authentic success" - in other words, a life filled with genuine contentment, strong personal relationships and a solid character. Corey's message is about achieving authentic success as a prerequisite to achieving true happiness in life. Corey is currently a professor at the University Of Denver; Daniels College Of Business.

Icebreaker Activity

Find someone who...

was born in another state _____

skis or snowboards _____

goes to a private school _____

has a dog _____

loves to play cards _____

has red hair _____

lives in Nebraska _____

plays football or basketball _____

has a brother _____

loves English _____

has never been to Estes Park _____

has been mountain biking _____

is over 6 feet tall _____

was born in another country _____

drinks Diet Coke _____

lives in a big city _____

has a sister _____

loves math _____

has ridden on a motorcycle _____

speaks another language _____

has a job _____

goes hiking _____

rides the bus to school _____

has been in a play _____

plays a musical instrument _____

loves the color green _____

has grey eyes _____

loves science _____

has initials that spell a word _____

loves chocolate _____

plays baseball or soccer _____

lives in Wyoming _____

is excited for RYLA!! _____

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Wrap Session Checklist

- ❖ Look over the schedule, go through the manual pointing out descriptions, checklists, evaluations
- ❖ Call attention to the way the manual can help guide throughout the week
- ❖ Ask if anyone has any questions or concerns

Rules - These are all non-negotiable

- ❖ No leaving the YMCA
- ❖ No drugs, alcohol, tobacco, driving, and pagers
- ❖ **Cell phones only during approved times**
- ❖ No hats worn in Willome Hall
- ❖ Lights out means that! 10:30 sharp, it's the YMCA's rule
- ❖ Unlock doors at night! Bed checks will be done and are for your safety
- ❖ Behavior - punctuality, respect, attend all events
- ❖ Speakers-Respect! Applause and standing ovations
- ❖ No spending time with people from other organizations at the YMCA, even if you know them from home

Expectations

- ❖ Participation in all activities
- ❖ Follow directions of JCs and SCs or other conference personnel
- ❖ Wear name tags at all times
- ❖ Wear white T-shirt for picture Thursday
- ❖ Morning Activities - not optional!!!
 - There is a whole list to choose from, try multiple things
- ❖ Demonstrate respect for speakers, other teams, other groups not RYLA, your own team (basically everyone)
- ❖ Warm Fuzzies
 - No cold pricklies or hot steamies!
 - No purple!
- ❖ If there is not enough time to deliver them, the JCs will do it; just make sure to put the name and room number on it
- ❖ Make Warm and Fuzzy bags during wrap session

Team Responsibilities

- ❖ Clean up Willome Hall (assigned time)
- ❖ Introduce & Thank Speakers

Group Decisions (discuss these with the group, and make sure everyone is involved)

- ❖ Ground rules for interacting as a team: be respectful, no negative comments
- ❖ Suggest eating all meals together
- ❖ Talent Show on Thursday - would anyone like to be a part of it?
 - Need to know everyone who wants to do it by Tuesday night after Wrap Session.
 - Write down name, talent, and time length, and give it to your JC
- ❖ Go through the next day's schedule (briefly, don't have to read it all)
- ❖ Sign up for Make a Difference Topic (next page)
- ❖ Sign up for Hikes
 - Hikers must have appropriate footwear!
- ❖ Collect all the sign up sheets and turn them into the Head JCs
- ❖ Fill out daily evaluations, nightly so the events of the day are still fresh
 - Emphasize the importance of these- we actually read them all!!
- ❖ Make warm fuzzy bags
- ❖ My Proudest Achievements

After Wrap Session Instructions: (for counselors)

- ❖ Each JC/SC team will meet together after Wrap Session for 5 to 10 minutes:
 - Meet with your partner and discuss the day and how your team is doing
 - Keep an eye on the conferees, making sure lights are out and they are in bed
 - Darian, Emily, and Curt will all be in the lobby ready for any personal questions
- ❖ The JC large group meetings will start promptly at 10:30 in the fireside room
 - **If you are not there**, either Darian or Emily need to know why
- ❖ First-year SCs will meet briefly at 10:30 in the lobby, all other SCs are invited.
 - These meetings will end no later than 11:00, then it's time for Warm Fuzzies and SLEEP!
- ❖ SCs will be in charge of the controlling Lights Out at 10:30 - Each SC is asked to volunteer for one night and all SCs will be on hall duty on Thursday night
- ❖ The SC large group meetings will start promptly at 7:00am during morning activities and will end before breakfast

My Proudest Achievements

This exercise is done as part of the introduction of each of us to the group. It is an integral part of fully participating in the RYLA experience and will help you learn more about your team.

All are asked to close their eyes and reflect on their lives to this point for a period of one minute. Choose three of your proudest achievements, it does not matter how big or little an achievement is; only that you are very proud of it. Each counselor and RYLArian will share their three proudest accomplishments.

While a person is speaking, everyone else will write down one-word characteristics that the achievements indicate; e.g., loving, sharing, strong, persistent, achiever, sensitive, sense of community, leader, religious, open, family-oriented, giver, etc. Everyone can be as creative as he or she wants.

After each person has introduced himself/herself, the others will go, in turn, and share their descriptions with that RYLArian. The time is less than 1 minute per person. It is important that one or two word descriptions are used; not stories. Then the next person is given the same feedback until all have heard feedback from each member of the team, including the SC and JC.

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Make A Difference Topics

NAME: _____ SCHOOL: _____

JUNIOR COUNSELOR: _____

Please list your top three choices for topics you are most interested in learning about and discussing. Rank your interest level 1-5 (5 being the highest). This is to ensure people get in the group they are sincerely most interested in, so please be honest.

1. _____

2. _____

3. _____

Topics:

1. Teen suicide
2. Abusive relationships/ Sexual harassment
3. Sexual orientation/ identity
4. Substance/ drinking and driving
5. Self esteem
6. Depression
7. Parent/ family relationships (divorce)
8. Eating disorders
9. Grief/ hate
10. Overcoming stereotypes on teens
11. Religions and faith
12. Peer pressure/bullying/violence
13. Terminal diseases
14. Abstinence
15. Discrimination (race, gender etc.)

If there are not at least six people who want to meet to talk about a certain topic, you may be placed into a group to talk about your #2 or #3 topic. We will do everything we can to make sure you get your number one choice, but we appreciate your flexibility when needed.

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Evaluation for Sunday

Registration:

Tough 1 2 3 4 5 Easy

Icebreakers:

Waste of Time 1 2 3 4 5 Fun

SC Word of Focus: Marc Solnet

Disappointing 1 2 3 4 5 Excellent

JC Word of Focus: JC name: _____

Disappointing 1 2 3 4 5 Excellent

Keynote Speaker: Corey Ciocchetti:

Disappointing 1 2 3 4 5 Excellent

Should he be invited back? Yes No

First Wrap Session:

Disappointing 1 2 3 4 5 Excellent

Other Recommendations and Thoughts:

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Hike Sign Up

*Turn in to Darian and Emily at JC meeting

Team Number _____

Total Number of Conferees _____

Number of Conferees for Bible Point _____

Number of Conferees for Eagle Cliff _____

Number of Conferees for Long Five-Mile Walk _____

Any conferees unable to participate? Why?

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Monday, July 23rd

Morning Activities

"All that we need to make us really happy is something to be enthusiastic about."

- Charles Kingsley

Get up every morning and get the blood moving. Every conferee is **required** to do one of the activities listed below for half an hour each morning. Pick whatever activity you like, you can even switch every day if you want!

Swimming - *meet outside at 6:30!! - Only M and W*

Dancing - *meet outside*

Yoga - *conference room A*

Basketball - *meet outside*

Running - *meet outside*

Volleyball - *meet outside*

Frisbee - *meet outside*

Walking - *meet outside*

Kickball - *meet outside*

SC Word of Focus

"Think like a wise man but communicate in the language of the people."

- William Butler Yeats

It's the Senior Counselors time to share some wisdom! The SCs take this time to let you get to know them a little better and more importantly tell you about one part of the Rotary 4-Way Test; the very foundation of Rotary.

The 4-Way Test states that, in anything we think, say, or do:

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?

Team Time Activities

"Don't walk in front of me, I may not follow. Don't walk behind me, I may not lead. Walk beside me and be my friend." - Albert Camus (also attributed to Maimonides)

The team time activities are your chance to get to know your teammates better and work with them to solve a variety of physical and mental challenges. Teamwork, communication, patience, and leadership are key ingredients to these activities. You will get frustrated, you won't always

succeed, but you will learn a lot! Take time to think about your leadership during these activities and most importantly have fun!

Sec.	Teams 1-4	Teams 5-8	Teams 9-11	Teams 12-14	Teams 15-17	Teams 18-20
I	Spiderweb	Flip that Mat	Blind Square	Helium Stick	Ebola	Picture This!
II	Picture This!	Spiderweb	Flip that Mat	Blind Square	Helium Stick	Ebola
III	Ebola	Picture This!	Spiderweb	Flip that Mat	Blind Square	Helium Stick
IV	Helium Stick	Ebola	Picture This!	Spiderweb	Flip that Mat	Blind Square
V	Blind Square	Helium Stick	Ebola	Picture This!	Spiderweb	Flip that Mat
VI	Flip that Mat	Blind Square	Helium Stick	Ebola	Picture This!	Spiderweb

Reverend Leon Kelly

therev1953@aol.com

Reverend Leon Kelly is the founder and Executive Director of Open Door Youth Gang Alternatives, a non-profit organization with the sole focus of curbing gang recruitment and activity in Denver. The Rev continues to assist youth in need while educating the community about the root causes of gang involvement and violence.

Make a Difference Breakout 1

"Change your thoughts and you change the world." - Harold R. Maclindon

This first session is aimed at discussing the issue at hand. What are the various aspects of this issue? Why is it a problem? Why did each of you choose this topic? Nothing personal that is said will go beyond the group if that is a concern for anyone; this is an open environment in which to discuss issues that you would like to do something about. During this session you will also prepare for your presentation at the second MAD group meeting. The second half of the session should discuss what you can do to make a difference on this issue in your world. These can be small steps (tell someone you love them, etc) or large initiatives (start a club, try to pass a law at the state legislature, etc). The point is to get a solid plan of what you can do.

Jan Rutherford

jan.rutherford@comcast.net

Jan Rutherford entered the US Army at age 17, and spent six years in Special Forces as a medic and "A" team executive officer, and three years as a military intelligence officer. For the past 20 years, Jan's business roles have been in the areas of marketing, business development, sales management, corporate training, product management, and government affairs.

Training and education have been the hallmark of Jan's career, and the development of others is where he has derived the most fulfillment and satisfaction from various professional roles. Jan

teaches "Leadership in New Ventures" at the Bard Center for Entrepreneurship at the University of Colorado for MBA students and Doctor of Nursing Practice candidates; and teaches "Leadership & Entrepreneurship in Ireland" each Summer in Ireland. He has also been a speaker at industry conferences in Europe and the United States. Jan's free time is spent taking advantage of the trails in the Colorado mountains!

Scene It!

"Life's like a play; it's not the length but the excellence of the acting that matters." - Seneca
Each team will be given two movies to choose a scene from to reenact via pictures. In a **minimum of 15** pictures and **maximum of 20**, you must act the scene out in a play-by-play of pictures. This will essentially be like a flip book of pictures depicting the scene you chose. You must incorporate every member of your team (bonus for sneakily integrating your JC or SC!) and accurately act out the scene of your choice. Your JC will have the two choices of movies you can pick from.

Tower Building

"The loftier the building, the deeper must the foundation be laid." - Thomas Kempis
Each team will divide themselves in half. Both groups will first build a tower at least three inches high that can support a textbook. Next both groups will see who can build the tallest free standing tower ***set time limit. When this activity is over, wait for directions from Darian and Emily.

John Ahlenius

"True Colors" jpahlenius@aol.com

"I see your true colors shining through." - Phil Collins

What's your color? Find out how you work and how you interact with others using the "True Colors" personality test. Everyone has a color or combination of colors, so figure out what shade you are! A skit will be performed by the JC players so you can fully see each color in action!

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Team Time Activity Instructions

Flip That Mat

Objective: The team has 15 minutes to turn the mat upside down without anyone stepping off.

Rules:

- ❖ All the team members need to get on the mat (as many as possible).
- ❖ At no time can one step off the mat.
- ❖ **If one steps/falls off the mat, then everyone must restart.**

Ebola

Objective: A Koosh Ball containing the Ebola virus has been discovered here at RYLA. It is on top of a white bucket a few yards away from here. The team must move the virus into the controlled area and save the conference.

Rules:

- ❖ The Ebola Koosh Ball it can only travel on top of the bucket on which it rests. **NO** one may touch the ball!
- ❖ Your RYLA Hazmat team must transport the bucket and Koosh Ball to the small circle of cord, a safe zone, lying on the ground several yards away.
- ❖ A large circle of rope that will isolate the virus surrounds the small circle of cord.
- ❖ The bucket must rest **only** within the small circle in order to neutralize the virus.
- ❖ You may use only the apparatus that you see lying before you to transport the contaminated Koosh Ball and **the only people that may touch the apparatus are the blindfolded implementers.**
- ❖ **No one may go into the circle of rope. No one may touch the bucket.**

The completion of this task, be it success or failure, will determine the very existence of the people here at RYLA. You have **10 minutes** to develop a plan for this task and a **maximum of 30 minutes total** for implementation; otherwise, the Koosh Ball will explode! The last 15 minutes must be used for debrief.

Spiderweb

Objective: Each member of the team must get to the opposite side of the spiderweb.

Rules:

- ❖ The web is made of Lava, so no one can touch the web
- ❖ An opening can only be used once
- ❖ If anyone touches the spiderweb or goes through an opening previously used, everyone will get 3rd degree lava burns...and restart.

Blind Square

Objective: While holding on to a rope, the team must work together to make the various shapes their JC asks for (Square, Triangle, Pentagon...etc).

Rules:

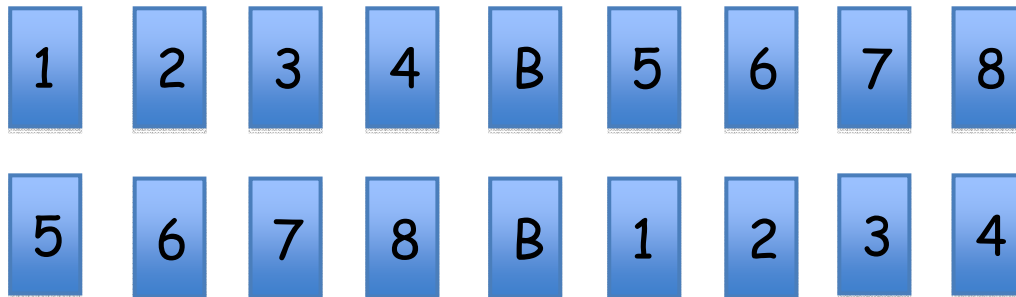
- ❖ The team is blindfolded and holds onto the outside of a rope.
- ❖ No team member can let go of the rope.

Traffic Jam

Objective: The entire team must switch places with the opposite side.

Rules:

- ❖ The team splits in half and is instructed to stand on file folders facing each other.
- ❖ Only one person can move at a time.
- ❖ Only one person can be on a square at a time.
- ❖ You can only move forwards (towards the center).



Helium Stick

Objective: The team must lower the "helium stick" to the ground while all team members keep in constant contact with the stick.

Rules: Line up team in two rows which face each other. Introduce the Helium Stick - a long, thin, light rod. Ask participants to point their index fingers and hold their arms out. Lay the Helium Stick down on their fingers. Before you let go, get the group to adjust their finger heights until the Helium Stick is horizontal and everyone's index fingers are touching the stick. Explain that the challenge is to lower the Helium Stick to the ground. The catch: Each person's fingers must be in contact with the Helium Stick at all times. Pinching or grabbing the pole is not allowed - it must rest on top of fingers. Reiterate to the group that if anyone's finger is caught not touching the Helium Stick, the task will be restarted. Let the task begin...
WARNING - This is an extremely difficult task to complete and can result in team members becoming upset and adversarial. A good debrief is essential for the team members to understand how they handle failure.

Picture This!

Objective: To teach team members to give specific directions and for all other team members to practice their listening skills.

Rules:

- ❖ One team member will be given a card with a design on it that they will describe to the other team members
- ❖ Team members will listen to the instructions and draw the design on a same-sized card.
- ❖ Upon completion, compare the team's drawings to the actual design.
- ❖ Each team member will describe a design.

True Colors Worksheets

Copyright of True Colors
Adapted by Jim Davis

WHEN I AM GREEN...

I seek knowledge & understanding.

Analytical - Global - Conceptual

I live life by my own standard.

Cool - Calm - Collected

I need explanations & answers.

Inventive - Logical - Perfectionistic

I value intelligence, insight, fairness and justice.

Abstract - Hypothetical - Investigative

I am a natural non-conformist, a visionary and a problem solver.

Green May Perceive Self As:

- Confident
- Mentally Tough
- Logical, Rational
- Respecting Knowledge
- Good at Analysis/Objective
- Having Ability to Reprimand
- Having High Expectations
- Enjoying One's Own Company
- Self-Controlled
- A Deep Thinker
- Visionary, Inventive

Others May Perceive Green As:

- Arrogant, Know It All
- Cold, Hard
- Insensitive
- Head in the Clouds
- Critical, Fault-Finding
- Lacking Compassion
- Unappreciative of Others
- Intellectually Demanding
- Afraid to Open Up
- Absent Minded
- Cool, Aloof, Unfeeling
- Argumentative

Greens Are Stressed Out By:

- Not Being In Charge
- Lack of Independence
- Subjective Judgment
- Elaborate Use of Adjectives
- Small Talk
- Routine
- Social Functions
- Lack of recognition of their abilities
- Emotional Displays
- Incompetence

WHEN I AM BLUE...

I need to feel unique and authentic.

Enthusiastic - Sympathetic - Personal

I look for meaning and significance in life.

Warm - Communicative - Compassionate

I need to contribute, to encourage and to care.

Idealistic - Spiritual - Sincere

I value integrity and unity in relationships.

Peaceful - Flexible - Imaginative

I am a natural romantic, a poet and a nurturer.

Blue May Perceive Self As:

- Having Feelings
- Compassionate
- Romantic
- Idealistic
- Seeing the Best in Others
- Nurturing
- Liking to Please People
- Wanting Harmony
- Caring
- Empathetic
- Valuing Feelings
- Great Communicator

Others May Perceive Blue As:

- Very Emotional
- Overly Sensitive
- Mushy
- Too Tender-Hearted
- Too Trusting
- Smothering
- Too Soft, Too Giving
- Weak
- Too Nice
- Illogical
- Easily Persuaded
- Talking Too Much

Blues Are Stressed Out By:

- Broken Promises
- Too Much Negative
- Not Being Involved
- Lack of Social Contact
- Lying
- Rejection
- Placing the System Before People
- Clock Watching
- Conflict
- Completing Paperwork
- Insincerity

WHEN I AM GOLD...

I follow the rules and respect authority.

Loyal - Dependable - Prepared

I have a strong sense of what is right and wrong in life.

Thorough - Sensible - Punctual

I need to be useful and to belong.

Faithful - Stable - Organized

I value home, family and tradition.

Caring - Concerned - Concrete

I am a natural preserver, a good citizen and helpful.

Gold May Perceive Self As:

- | | | |
|----------------------------|-----------------------------|----------------------------|
| - Consistent | - Realistic | - Loyal to Organization |
| - Providing Structure | - Very Traditional | - Dependable |
| - Knowing Right From Wrong | - Follower of a Routine | - Decisive Seeking Closure |
| - Concerned About Security | - Having Leadership Ability | - Goal-Oriented |

Others May Perceive Gold As:

- | | | |
|-----------------------|-----------------------|----------------|
| - Rigid, Inflexible | - Lacking Imagination | - Autocratic |
| - Controlling, Bossy | - Judgmental | - System-Bound |
| - Too Serious | - Boring | - Predictable |
| - Resistant to Change | - Uptight | - Opinionated |

Golds Are Stressed Out By:

- | | | |
|--------------------|---------------------------|---------------------|
| - Incomplete Tasks | - Non-Conformity | - Waste |
| - Disorganization | - Lack of Structure | - Ambiguous Tasks |
| - Irresponsibility | - Haphazard Attitude | - Lack of Direction |
| - Changing Details | - Too Many Things At Once | - No Follow Through |

WHEN I AM ORANGE...

I act on a moment's notice.

Witty - Charming - Spontaneous

I consider life as a game, here and now.

Impulsive - Generous - Impactful

I need fun, variety, stimulation, and excitement.

Optimistic - Eager - Bold

I value skill, resourcefulness, and courage.

Physical - Immediate - Fraternal

I am a natural trouble-shooter, a performer, and a competitor.

Orange May Perceive Self As:

- Flexible, Easy-Going
- Having a Playful Attitude
- Exploring New Possibilities
- Clever, Good Negotiator
- Able to Do Many Things
- Adventurous, Courageous
- Valuing Freedom
- Bold, Assertive
- Independent
- Having Many Interests
- Open to Change
- Fun-Loving, Enjoying Life

Others May Perceive Orange As:

- Irresponsible
- Goofing Off Too Much
- Manipulative
- Unable to Stay On Task
- Taking Unnecessary Risks
- Resisting Closure or Decisions
- Obnoxious
- Scattered
- Self-Centered
- Immature

Oranges Are Stressed Out By:

- Repetition
- Following Detailed Directions
- Routine
- Deadlines
- Inactivity
- Too Much Responsibility
- Rules and Regulations
- Being Stuck at a Desk
- Abstract Concepts
- Reading Manuals
- Lack of Variety
- Lack of Fun
- Imposed Structure
- Personal Criticism

Stressed Out and Relaxed Behaviors

GREEN "Stressed Out" Behaviors

- Behaves indecisively
- Refuses to comply or cooperate
- Extreme aloofness and withdrawal
- "Snobbish" put-downs and sarcastic remarks
- Refuses to communicate, the silent treatment
- Perfection ties to performance anxiety
- Highly critical towards self and others

BLUE "Stressed Out" Behaviors

- Attention-getting behavior
- Lying to "save face"
- Withdraws
- Fantasizes, day-dreams excessively
- Cries often & appears depressed
- Overly expresses emotions
- Behaves in passive, resistant ways

GOLD "Stressed Out" Behaviors

- Complains & behaves with self pity
- Exhibits anxiety & worry
- Is depressed & acts fatigued
- Expressed psychomatic problems
- Malicious in judgment of self & others
- Exhibits "blind herd" mentality
- Exhibits phobic reactions

ORANGE "Stressed Out" Behaviors

- Acts rude & with defiance
- Breaks the rules on purpose
- Runs away, drops out
- Involved with alcohol, drugs
- Is assertive & to the point
- Acts out boisterously
- Lying & cheating behavior
- Violent behavior

Relaxed Behaviors

- Questions and explores ideas
- Considers others ideas
- Works independently
- Pleasant but not very social
- Thrives on own work and ingenuity
- Strives for improvement
- Has high expectations

Relaxed Behaviors

- Appreciates everything, everyone
- Behaves with honesty & integrity
- Likes teamwork
- Creates things to make life better
- Strives for peace & harmony
- Contagiously enthusiastic
- Cooperative & encouraging

Relaxed Behaviors

- Task & structure focused
- Serious attitude
- Likes to do things to help
- Cares for own body & health
- Direct but cautious
- Respects authority
- Is dependable & reliable

Relaxed Behaviors

- Acts boldly & is direct
- Risk-taking behavior
- Acts impulsively & spontaneously
- Seeks reasonably "safe" adventure
- Has high expectations
- Wants "hands-on" activities

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True Colors Skit

For the junior counselors to perform Monday night during the True Colors presentation

Scene One

(Whistle blows offstage. All characters enter. Gold is at the head of the line giving commands. Its complete chaos as everyone tries to put in their say.)

GOLD: Ten Hut! Left, Right, Left, Right, Left, Left, Left, Left...

(Green gets annoyed at the directions that don't make sense. Orange is confused as to why they stopped, and Blue is gently trying to help Orange to understand).

GREEN: (to Gold) That was four lefts in a row! You know, performing the pattern of taking four steps in a row with the left foot is entirely impossible for the human race!

ORANGE: Yeah, the whole Left, Right thing went right over my head...

GOLD: That's because you don't follow orders!

GREEN: Well, perhaps if you explained the orders clearly, then we might not all be so confused.

BLUE: Hey guys, come on now. There is no need to get hostile...Can't we all just get along?

GOLD: If everyone just followed the rules then there wouldn't be any problems.

GREEN: (getting angry) I have a hard time following rules that don't make any sense.

BLUE: What if the rules hurt someone's feelings? I couldn't live with that!

ORANGE: (in a mocking tone of Gold) What are these "rules" we're supposed to follow anyway?

(With visible disgust, Gold exists).

ORANGE: (pinpoints someone in the audience and shouts to them...) How you doin'? Enjoyin' this little shindig I hope...

GREEN: Don't you ever THINK before you ACT? I could never imagine...

ORANGE: (in a mocking tone, interrupts) Don't you ever ACT before you THINK? I could never imagine...(exits mimicking Green)

GREEN: Hmm...I'll have to think about it...(begins to exit).

BLUE: Do you want to talk about what just happened? It would hurt to try you know. You never open us and talk about your feelings!

GREEN: Why should I? You talk about your feeling enough for the both of us!

BLUE: Hey, that's not fair! Can we talk about this? (exit)

Scene Two

(Blue Boy & Blue Girl enter from opposite sides in a romantic slow motion run, where they meet in the center. Do a dipping stage kiss. Boy pulls away reluctantly.)

BLUE BOY#1: I must leave you to attend a poetry reading at the café. I'll call you soon, sweetheart. (exit)

BLUE GIRL#1: Oh, I've never been so happy!!

(Orange boy enters pretending to dribble a basketball to show off his "moves" and makes a shot right over Blue Girl's head).

ORANGE BOY#1: Wassup? I just saw you with (insert Blue Boy's name). What a loser. I can show you how to live on the edge, whaddya say?

BLUE GIRL#1: You mean you want to have an exclusive relationship with me, where you call me for at least an hour every night, plan beautiful picnics in the Rocky Mountains underneath the stars, and watch romantic movies together every Friday night?

ORANGE BOY#1: Hold on a minute! I just wanted to know if we could go on a date...not become soulmates! Geez.

BLUE GIRL#1: Well, I suppose that I could try it for a year or so...

ORANGE BOY#1: A year!!?! What, are we planning to get hitched? How about a week?

BLUE GIRL#1: Agh! You insensitive animal!!! (storms offstage in disgust).

(Gold Girl enters)

ORANGE BOY#1: What up, (insert Orange girl name). You wanna go out this weekend?

GOLD GIRL: Depends. Are you going to be a lawyer, banker or doctor? See, it's in my 5 year plan to only date boys that are going to make something of themselves.

ORANGE BOY#1: You mean go to school for like 20 billion years just so I can work for exactly 8 hours a day cramped inside somewhere and driving a station wagon? No way! I'm gonna have my own band, the Puff Daddies! (dances around the stage with an air guitar)

(Orange girl enters)

ORANGE GIRL: (crosses to orange boy) Hey listen to this! My dad says that if I get my grades up, he'll get me that stereo that I want!

GOLD GIRL: That's great, (insert name of orange girl)! You've still got plenty of time to catch up before the end of the semester. I'll even volunteer my services on the weekends to help you do some extra credit!

ORANGE GIRL: Let me think about it, ummm, NO! Why would I ever do that? I'm gonna let my grades get so bad that he'll offer me a car! (Orange Boy and Orange Girl perform a celebratory dance)

ORANGE BOY#1: Wanna go rock climbing?

ORANGE GIRL: Yeah, rock on! (Orange Girl and Orange Boy exit)

(Blue Boy and Green Girl enter)

GOLD GIRL: Hi, (insert green girl's name)! Did you finish your physics homework?

GREEN GIRL: Homework? We had physics homework? That's ok, I know all the material that will be on the test like the back of my hand. I'm not worried.

BLUE BOY#1: How can you not be worried? I'm going to have to apologize to Ms. Watkins for not getting my homework done last night, but there was a personal tragedy in our family last night... yes, it's true... My girlfriend and I broke up. I can't believe this happened after two weeks! I loved her so much!

GOLD GIRL: (to Green Girl) Sometimes he can be so impractical when it comes to relationships. (exits)

(Orange Boy enters)

GREEN GIRL: (to Orange Boy) I know this is a dumb question, but did you do your physics homework?

ORANGE BOY#2: Nope. See, right after school I had basketball practice then the team decided to go out for pizza afterwards and by the time I got home, Mission Impossible was on and, well, I just couldn't miss that to do homework.

GREEN GIRL: Sorry that I asked. Sounds like your night was very, umm inefficient. See you in class. (tries to exit. Blue Boy stops her.)

BLUE BOY#1: Hey, (insert Green girl name). Would you like to be my partner for the English report on Emily Dickenson?

GREEN GIRL: Not really. I prefer to work by myself. (sarcastically) Thanks for the offer though. (exits)

BLUE BOY#1: I wonder what I did wrong###? I'll just try to talk it out with her later. I can't seem to find anyone to be my partner! Am I not a good person? Doesn't anyone have the same passion that I do for Emily's poetry?

ORANGE BOY#2: Maybe you should try to be less emotional. No one wants to work with a cry baby.

BLUE BOY#1: (visibly hurt by what Orange Boy just said) You, you, you... (storms off upset)

(At the same time, Blue girl enters and gives Orange Boy a nasty look

BLUE GIRL#3: Do you have any idea what yesterday was????

ORANGE BOY#2: Hey trivia game! I love trivia questions. What closes when a frog swallows? (no response from Blue Girl, just another angry look). Ok. Fine, how many guesses do I get?

BLUE GIRL#3: One. And it had better be our one month anniversary!!

(Green girl enters and sits down with a book).

ORANGE BOY#2: No way! We made it to a month! Let's go out and celebrate!! (tries to grab her and pull her close).

BLUE GIRL#3: Do you really think I'm going to go out with you after you forgot our anniversary??

GREEN GIRL: (to Orange Boy) You really don't understand what she's talking about, do you? (to Blue Girl) Come on, let's just remember now, that a date is just another number on a calendar. Its not a big deal at all.

BLUE GIRL#3: When you're in love with someone, you are supposed to remember things like that!! IT is NOT just a date!! We're through, (insert Orange Boy's name). (Runs off crying).

ORANGE BOY#2: (to *Green Girl*) You wanna go to the prom with me? Come on...Get outta your books for a while! Don't you know that guys are a lot more fun than books?

GREEN GIRL: (says with disinterest) Drop dead, geek. (continues reading)

ORANGE BOY#2: I guess this means no drive-in movie? (after no response, he exits)

(*Blue Girl #1* enters crying to the song *True Colors* followed by *Gold Boy*. *Blue Girl #1* sits by *Green girl*).

GREEN GIRL: (to *Gold Boy*) Why is she crying??

GOLD BOY: I have no idea.

BLUE GIRL #1: This song brings back so many memories about me and _____ (insert *Blue Boy#1* name)! It was our song until....until...we broke up. (starts crying so hard that *Green Girl* turns off the music). What did you do that for!?!

GREEN GIRL: It was making you cry!

BLUE GIRL #1: But, I love to cry!! And I love that song!

ALL THREE SIMULTANEOUSLY: Honestly! I will never understand you!! (all exit).

Page intentionally left blank

True Colors-Word Cluster

Rank each grouping to the highest priority of your life. Give a 4 for the highest and a 1 as the lowest. Don't use a number twice! When you are finished, add the numbers in each column to determine your style of personality. The highest numbered column is your True Color!

Active Variety Sports	<input style="width: 40px; height: 30px;" type="text"/>	Organized Plan Neat	<input style="width: 40px; height: 30px;" type="text"/>	Nice Helpful Friends	<input style="width: 40px; height: 30px;" type="text"/>	Learning Science Privacy	<input style="width: 40px; height: 30px;" type="text"/>
<hr/>							
Fun Action Contests	<input style="width: 40px; height: 30px;" type="text"/>	Clean On-time Honest	<input style="width: 40px; height: 30px;" type="text"/>	Caring People Feeling	<input style="width: 40px; height: 30px;" type="text"/>	Curious Ideas Questions	<input style="width: 40px; height: 30px;" type="text"/>
<hr/>							
Playful Quick Adventuresome	<input style="width: 40px; height: 30px;" type="text"/>	Helpful Trustworthy Dependable	<input style="width: 40px; height: 30px;" type="text"/>	Kind Understanding Giving	<input style="width: 40px; height: 30px;" type="text"/>	Independent Exploring Doing well	<input style="width: 40px; height: 30px;" type="text"/>
<hr/>							
Busy Free Winning	<input style="width: 40px; height: 30px;" type="text"/>	Follow rules Useful Save Money	<input style="width: 40px; height: 30px;" type="text"/>	Sharing Getting along Animals	<input style="width: 40px; height: 30px;" type="text"/>	Thinking Solving Problems Challenge	<input style="width: 40px; height: 30px;" type="text"/>
<hr/>							
Exciting Lively Hands-on	<input style="width: 40px; height: 30px;" type="text"/>	Pride Tradition Do things right	<input style="width: 40px; height: 30px;" type="text"/>	Nature Easing going Happy ending	<input style="width: 40px; height: 30px;" type="text"/>	Books Math Making sense	<input style="width: 40px; height: 30px;" type="text"/>
<hr/>							
Total Orange	<input style="width: 40px; height: 30px;" type="text"/>	Total Gold	<input style="width: 40px; height: 30px;" type="text"/>	Total Blue	<input style="width: 40px; height: 30px;" type="text"/>	Total Green	<input style="width: 40px; height: 30px;" type="text"/>

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Wrap Session Checklist

- ❖ Words of Focus
- ❖ Team Time Activities
- ❖ MAD breakout groups
 - Ask each person how his/her session went
 - Make sure no one felt uncomfortable, threatened, or like his/her opinions were not heard and respected
 - Get a feel for how everyone felt about their experience. See if all feel included, if the topic is what the expected, etc.
- ❖ Speakers
 - Rev. Leon Kelly
 - Jan Rutherford
 - John Ahlenius / True Colors
- ❖ Proudest Achievements, if you have some left
- ❖ Schedule for Tuesday
 - Briefly outline the day
 - Answer questions
- ❖ Scene It
- ❖ Towers
- ❖ Skit Package and Flag (if not covered during first Team Time)
 - Guidelines for skits (really enforce the Grandma Rule)
 - Guidelines for flags
 - All props and flag-making materials
 - Give all the props to the team, as well as the flag-making materials so they can work on the skit and flag for the remainder so the wrap session.
- ❖ **Fill out daily evaluation**

Page intentionally left blank

Evaluation for Monday

Morning Activities:

Bad Wake Up 1 2 3 4 5 Good

SC Word of Focus: SC name: _____

Disappointing 1 2 3 4 5 Excellent

Reverend Leon Kelly:

Disappointing 1 2 3 4 5 Excellent

Should he be invited back? Yes No

Team Time Activity: _____

Disappointing 1 2 3 4 5 Excellent

Make A Difference Session:

Disappointing 1 2 3 4 5 Excellent

JC Word of Focus: JC name: _____

Disappointing 1 2 3 4 5 Excellent

Team Time Activity: _____

Disappointing 1 2 3 4 5 Excellent

Jan Rutherford:

Disappointing 1 2 3 4 5 Excellent

Should he be invited back? Yes No

Scene It!:

Waste of Time 1 2 3 4 5 Fun

(over)

Tower Building:

Disappointing 1 2 3 4 5 Excellent

JC Word of Focus: JC name: _____

Disappointing 1 2 3 4 5 Excellent

John Ahlenius / True Colors:

Disappointing 1 2 3 4 5 Excellent

Wrap Session

Waste of Time 1 2 3 4 5 Fun

Other Recommendations and Thoughts:

Tuesday July 24th

Morning Activities

"Start each day as if it were on purpose." Hitch

RYLABall

"It's a misnomer that our talents make us a success. It helps, but it's not what we do well that enables us to achieve in the long run." - Bernie Marcus

This tournament is for fun as a group and to get everyone outside and moving around! Teams 1 through 10 will play on Tuesday and teams 11 through 20 will play on Wednesday. Each team will play all the other teams in either RYLABall, volleyball, or kickball. At the end of each game please send ONE person from your team to report to the scorekeeper. These games should serve as another way to bring the team together. It's all about encouragement. **No unfair or foul play or criticism of the other teams is necessary.** Have a great time, and don't forget to drink water and wear sunscreen!

Hiking

"The journey of a thousand miles begins with a single step." - Lao Tzu

These hikes are designed to get everyone outside to enjoy the mornings. Teams 11 through 20 will hike on Tuesday, teams 1 through 10 will hike on Wednesday. Please pick the hike that you think you will enjoy the most, do not sign up for the hardest hike if you are not physically capable of making it all the way. Don't forget your sunscreen and water!

CJ Cadwell cj.cadwell@sagencegroup.com

CJ is a co-founder and partner of Sagence Group, a management consulting company primarily focusing on data management and analytics. CJ has over 18 years of industry and consulting experience. The focus of his expertise includes enterprise architectures, enterprise application integration/service-oriented architectures, application architecture, and program and operations management. CJ's industry knowledge includes financial services, retail, technology, telecommunications, and transportation. Before Sagence Group, CJ was CIO of a logistics firm that successfully launched a software-as-a-service strategic business unit. CJ holds a Bachelor of Science in Business Administration from the University of Colorado and a Masters in Business Administration from the University of Michigan - Stephen M. Ross School of Business.

Eggspress

"Team spirit is an eagerness to sacrifice personal interest or glory for the welfare of all."

- John Wooden

Your mission, should you chose to accept it, is to keep your eggo-naut from breaking after its launch! You will receive thirty minutes in which to build your capsule from a certain amount of

materials. You can use the materials in any way you wish, but you may use only those materials and only within the time allowed. Good luck!

Charlene Moser

"ROAK" chkkmoser@comcast.net

Charlene shares her incredible story of the woman who changed her life, and the ways she has paid it forward. Charlene is currently an Instructor of Marketing at the University of Colorado - Denver and a Master Trainer at the Matter of Balance Program.

We Are All In This Together

"Alone we can do so little; together we can do so much" - Helen Keller

The chairs will be removed and everyone will sit on the floor. The Head JCs will read a series of statements. If the statement applies to you, stand up, and a few people will be allowed to speak to the rest of the group about three questions: 1.) what do you want people to know about you; 2.) what do you never want said about you; and 3.) how can other people support you.

RYLA Ball Schedule

- 5 minutes in each team to deliberate before playing any games
- each game consists of 5 minutes for representatives to deliberate, 10 minutes to play, 3 minute passing period

<u>Court</u>	<u>Round</u>	<u>1</u>		<u>Round</u>	<u>2</u>		<u>Round</u>	<u>3</u>
A	1	9		8	6		1	6
B	2	8		10	9		2	4
C	3	7		7	2		3	5
D	4	6		5	1		7	10
E	5	10		4	3		8	9

Volleyball and kickball:

- 8 minute games, 3 minute passing period

Court	Round 1	Round 2	Round 3	Round 4	Round 5	Round 6	Round 7
a	10 vs 6	2 vs 6	2 vs 10	3 vs 10	3 vs 9	1 vs 2	3 vs 8
b	2 vs 3	4 vs 8	5 vs 8	1 vs 8	1 vs 7	6 vs 7	9 vs 7
c	4 vs 1	5 vs 9	9 vs 6	5 vs 7	4 vs 10	5 vs 4	none
kb	none	1 vs 3	4 vs 7	2 vs 9	5 vs 6	8 vs 10	none
bye*	8, 7	10	1	4	2	3	1,2,4
bye*	5, 9	7	3	6	8	9	5,6,10

*Bye teams are asked to spread out and help retrieve loose volleyballs.

Eggspress Instructions

Objective:

To devise a capsule that will allow an egg passenger to be launched and return to earth without harm, in thirty minutes.

Rules:

Only the materials listed below may be used in any way possible. The paper bag may also be used.

Judging:

The winner is the egg that lasts the longest through the launches without breaking!

Materials:

20 straws
3 feet of masking tape
1 balloon
1 egg
Newspaper
1 paper bag

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Wrap Session Checklist

- ❖ Words of Focus
- ❖ RYLABall/volleyball or Hikes
- ❖ CJ Cadwell
- ❖ Team Activities
- ❖ Eggspress
- ❖ Charlene Moser
 - Did she empower you to do something differently? If so what?
 - In what ways could you apply her message to your life at home? (Maybe something for Personal Commitment?)
- ❖ We Are All In This Together
 - What was the most impactful part of this exercise?
 - What question was the hardest to answer?
 - What comment from someone in the inner circle had the most impact on you and why?
 - Why do we do this activity?
- ❖ Proudest Achievements, if you have any left
- ❖ Schedule for Wednesday
- ❖ Work on your skits and flags!!
- ❖ **Fill out Daily Evaluations**

Page intentionally left blank

Evaluation for Tuesday

SC Word of Focus: SC name: _____

Disappointing 1 2 3 4 5 Excellent

Team Time Activity: _____

Disappointing 1 2 3 4 5 Excellent

Volleyball/Basketball or Hike (write which hike): (circle one) _____

Disappointing 1 2 3 4 5 Worthwhile

JC Word of Focus: JC name: _____

Disappointing 1 2 3 4 5 Excellent

CJ Cadwell

Disappointing 1 2 3 4 5 Excellent

Should he be invited back? Yes No

Eggspress:

Disappointing 1 2 3 4 5 Worthwhile

We Are All In This Together:

Disappointing 1 2 3 4 5 Excellent

Team Time: Which Activity? _____

Disappointing 1 2 3 4 5 Excellent

JC Word of Focus: JC name: _____

Disappointing 1 2 3 4 5 Fun

(over)

Charlene Moser:

Disappointing 1 2 3 4 5 Excellent

Should she be invited back? Yes No

Wrap Session:

Disappointing 1 2 3 4 5 Fun

Other Recommendations and Thoughts:

Wednesday July 25th

Hike and RYLABall Part 2

Teams 11-20 RYLA ball, volleyball and kickball, 1-10 Hikes.

Polly Letofsky

pollyswalking@yahoo.com

In August 1, 1999, Polly Letofsky left her home in Vail, Colorado, and headed west. She traveled across 4 continents, 22 countries, and over 14,000 miles - by foot - to become the first woman to walk around the world. As an awareness campaign for breast cancer, survivors and well-wishers around the world came to walk with her. Every day strangers welcomed her into their homes and shared meals. The world had embraced her...

Make a Difference #2: Presentations

"Our lives begin to end the day we become silent about things that matter." - Martin Luther King

Each group will have 30 minutes to prepare their presentations. Two members of approximately 10 of the groups will be designated to present the groups' topic to the rest of the conference.

This is your chance to take the microphone and advocate for an issue that you feel is important.

Tell the conference the problem at hand, and what they can do to minimize it.

RYLA Rumble

"The best way to find yourself is to lose yourself in the service of others." - Gandhi

Welcome to your rumble challenge! Let's mix the teams up a little bit, and have some fun!

Heather Amen

"How RYLA Has Impacted My Life" heather.amen@gmail.com

RYLA sparked a fire in Heather, and has directed the majority of her life since her conferee year. How do you take RYLA away and use it for the rest of your life?

Comedy Club Skits

"All the world's a stage." - William Shakespeare

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RYLA Rumble Instructions

Take a few minutes to let the team members introduce themselves or conduct an icebreaker to get the team members acquainted.

Objective: Put together a team of "strangers" and have them work together to solve a problem that requires each team member to contribute to the success.

Rope Knots Game

Description: This is a fun variation to the popular game Knots, where people grab each other's hands and try to get untangled. In this game there is less human contact, so it is less threatening but still a challenge. Tie one overhand knot in the rope for each person that is in the group. Space the knots about two feet apart. Instruct group members to select a knot on the rope and stand by it on either side of the rope. Then tell them to grab the rope on either side of the knot with one hand. Some people will grab further out from their knot than others, but that is OK. Now challenge the group to untie all of the knots without anyone letting go of the rope or without moving the hand that is on the rope. Participants may use only their free hand to untie knots. You may set this activity up by having the group think of things that are "knots" for the group that need to be "untied," or have the knots represent problems for the group that need to be straightened out.

Take the first five minutes to plan and then perform the exercise. Sit down and debrief and determine improvements (while the group's SC re-ties the rope) and do it again. A few variations you may wish to try are to have everybody grab the rope with their dominant hand, blindfold everyone or mute everyone. Depending on how the teams are performing, we may also time the event and announce the new best times as they become available. We may even finish the exercise by having a "race" and teams cheer as they finish it, adding an acceptable level of urgency and competitive stress to the exercise

Potential Discussion Items:

How many different groups were working on this challenge at once?

When your side of the rope was untied, did you help the others on your team in any way, or did you just hang out? Why?

Are you ever on a team where two or more different groups are working separate of each other?

Is this a positive thing for the team?

Are there any "knots" on your team that need to be untangled?

Source: <http://www.teambuildingportal.com/games/rope-knots-game>, June 25, 2012

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Comedy Club Skit Judging Sheet

Creativity	_____ (10 pts)
Entertainment Value	_____ (10 pts)
Originality	_____ (10 pts)
Use of Props	_____ (10 pts)
Overall Effort	_____ (10 pts)
Bonus!! Poking fun at the Head JCs	_____ (5 pts)

Comedy Club Skit Rules

- ❖ **Grandma rule.** Don't do or say anything not be appropriate for a group of grandmas.
- ❖ **A 5 Minute time limit.** You get a 1 minute warning, a 30 second warning, and a stop sign.
- ❖ **Use all the props** (and feel free to use them as many times as you want).
- ❖ **The skit must involve all team members.** Not everyone is required to say something, but everyone must be involved in the actual skit. (JCs and SCs can have small NON-SPEAKING parts)
- ❖ **Be creative and think outside the box,** creating original scripts and not just "A day in the life of RYLA"

If any of the rules are broken, it will result in automatic disqualification!!

Wrap Session Checklist

- ❖ Same as yesterday, discuss the day's activities and answer any lingering questions
- ❖ Words of Focus
 - Did you relate particularly well to any one of the SC or JCs stories?
- ❖ Team Time Activities
- ❖ RYLABall/volleyball or Hikes
- ❖ Polly Leftosky
 - What did you find to be the most interesting part of Polly's story?
 - Do you see yourself as an adventurer like her or not? Why?
 - How can this story help or empower you in the future?
- ❖ MAD: presentations:
 - How did you like the presentations?
 - What was one unexpected thing that you learned from the presentations?
 - If you presented, was it fun, uncomfortable? Did having the team there help or reassure you?
 - What action do you all plan to take now that you have discussed your Make a Difference topic?
- ❖ Heather Amen
 - Did you enjoy what she had to say?
 - What did you learn from her?
 - Did she empower you to do something differently in your life?
- ❖ Schedule for Thursday and fill out Daily Evaluations
- ❖ **Reminder about tomorrow's Sunrise Hike.**
- ❖ **Remember: Thursday wear conference shirts for the team picture!**
- ❖ Talent Show, last day to sign up!

Talent Show Sign Up

Turn in to Darian and Emily Wednesday night at JC wrap session!! 😊

All talents have a **3 min** time limit!

JC: _____

Team #: _____

1. Name:

Talent and length:

2. Name:

Talent and length:

3. Name:

Talent and length:

4. Name:

Talent and length:

5. Name:

Talent and length:

6. Name:

Talent and length:

7. Name:

Talent and length:

8. Name:

Talent and length:

Page intentionally left blank

Evaluation for Wednesday

SC Word of Focus: SC name: _____

Disappointing 1 2 3 4 5 Excellent

Team Time: _____

Disappointing 1 2 3 4 5 Fun

RYLAball/Volleyball or Hike (write which hike): (circle one) _____

Disappointing 1 2 3 4 5 Worthwhile

JC Word of Focus: JC name: _____

Disappointing 1 2 3 4 5 Excellent

Polly Leftosky:

Disappointing 1 2 3 4 5 Excellent

Should she be invited back? Yes No

Make a Difference Group Presentations: (circle one)

Disappointing 1 2 3 4 5 Worthwhile

RYLA Rumble: (circle one)

Disappointing 1 2 3 4 5 Worthwhile

Heather Amen:

Disappointing 1 2 3 4 5 Excellent

Should she be invited back? Yes No

Comedy Club Skits:

Not worthwhile 1 2 3 4 5 Fun

(over)

Wrap Session:

Disappointing 1 2 3 4 5 Awesome

Other Recommendations and Thoughts:

Thursday July 26th

Sunrise Hike: (optional)

"There is a promise in every sunrise in America" - Tumbleweed Smith

Who's ready for a really early morning? RYLA! Get up and go for an early hike up to Bible Point. Watch the sun rise with all your new friends by your side, and get ready to enjoy the rest of the day! Meet outside of the lodge as you would for morning activities. After the hike you can shower or go eat, you do not have to do morning activities.

Morning Activities

Anyone not on the sunrise hike must still participate in Morning Activities.

Parade of Flags

"Call it a clan, call it a network, call it a tribe, call it a family. Whatever you call it, whoever you are, you need one." - Jane Howard

Show off your team flag! You will have ONE MINUTE to describe your flag to the entire conference. Each flag will be judged by a panel based on the criteria below. Good luck to each group!

Parade of Flags Judging Sheet

Creativity	_____ (10 pts)
Represents Group	_____ (10 pts)
Originality	_____ (10 pts)
Related to RYLA	_____ (10pts)
Overall Effort	_____ (10pts)

Olympics

"Hope for the Best, be prepared for the worst, and take whatever comes with a smile."

Glory, honor, bragging rights...RYLA Olympians know all of these things. Raise your flag proudly in the parade of flags as you walk to RYLA Olympic Stadium with your team! Go compete with your team and work together through a variety of ridiculous games all for the chance for RYLA gold! **Make sure to wear your RYLA shirts for the Olympics!**

Cassandra Sewell

csewell@avaya.com

Cassandra shares her stories of truth and wisdom; from growing up in the pre-Civil Rights Moment South, and stories of women and men from different ethnic backgrounds who have shaped the world today.

Talent Show

"We may not be as happy as you always dreamed we would be, but, for the first time let's just allow ourselves to be whatever it is that we are." -Garden State

An hour and a half set out just for you to show off your skills! Any talent that wants to participate is more than welcome; just make sure to tell your JC. This is all about appreciating individuality, and the special talents that a lot of people have.

Dance/Pizza Party

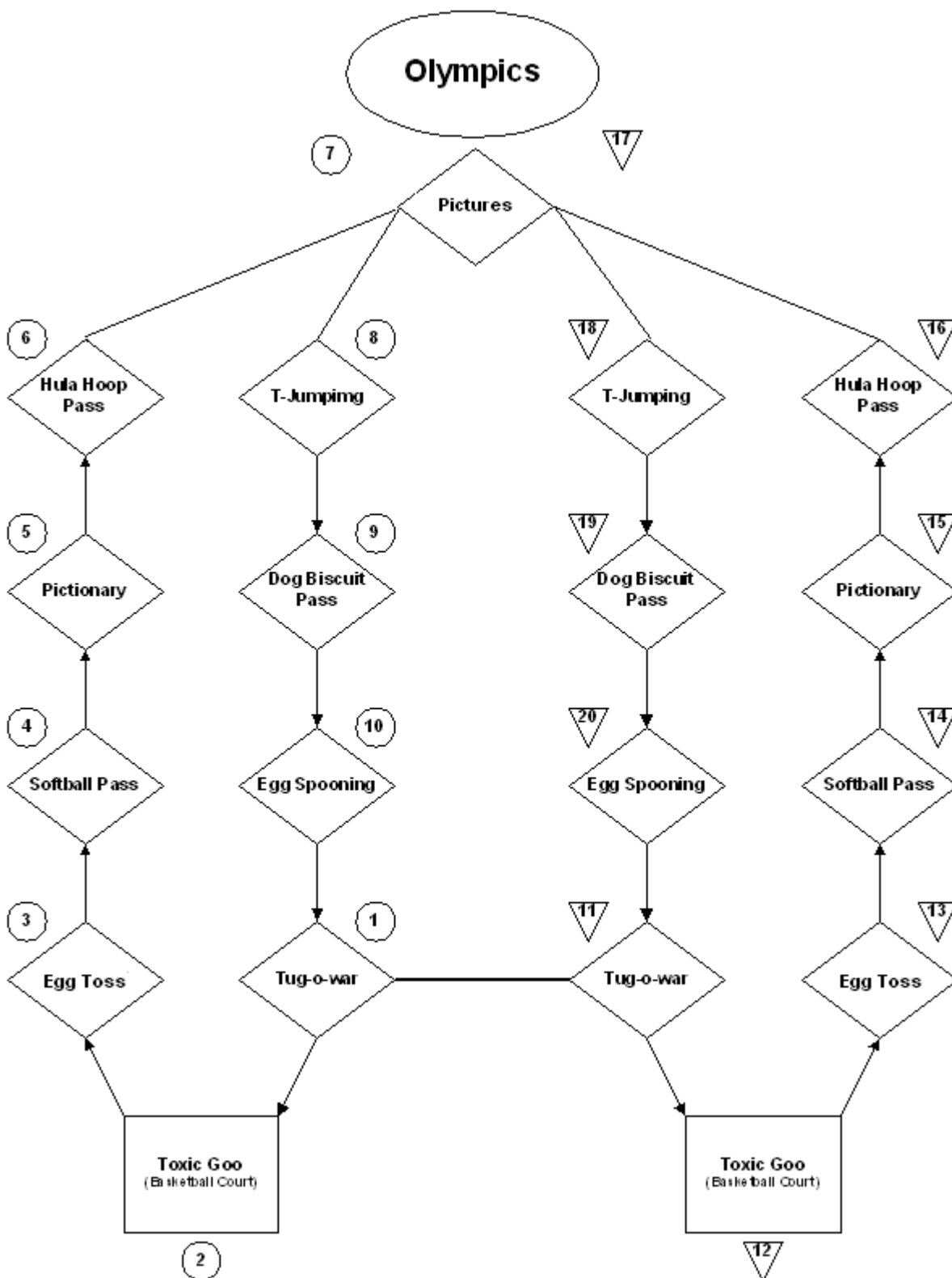
"Nobody cares if you can't dance well. Just get up and dance." -Dave Barry

Just when you thought your week couldn't get any better, the JCs throw on their dancing shoes and show off their DJ skills for you! Prepare for a wonderful night of pizza, dancing, fun and relaxation, you've earned it!

Letter to Me

"RYLA sparked a fire in me." - Conferee from RYLA 2005

Write all that you're feeling, what all you have learned this week, and how your life has changed. Seal it in the self-addressed envelope, your counselor will mail it to you in a couple months to remind you of the great things you learned this week.



Olympics Schedule

- 12 minute events
- 3 minute passing time

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Wrap Session Checklist

- ❖ Sunrise Hike
 - Who went on the sunrise hike? Was it worth the early morning?
- ❖ Words of Focus
- ❖ Team Flags
- ❖ Olympics
 - What was the best station?
 - Did you work as a team at every station?
 - Was there one person leading the group ever? Was that effective?
- ❖ Team Time Activities
- ❖ Cassandra Sewell
 - What lessons could be learned from her stories?
 - What was her purpose in sharing these stories with us?
 - How will you apply these lessons in your life?
- ❖ Talent Show
 - Congratulations to all participants!
- ❖ Dance/Pizza Party
- ❖ Daily Evaluation
- ❖ Goal Setting
 - Set out provided candles around the room, turn lights off to give a more solemn feel
 - Now that we've given you all of these tools, how are you going to put them to use?
 - Give each team member an opportunity to voice goals for themselves. These can be either short term, long term, MAD goals, etc. Silence is okay! Let them think! Keep these relatively brief, don't let them drag on and on so everyone has a chance.
- ❖ Write "Letter to Me"
- ❖ Schedule for Friday including Move Out Procedure (page 113)

Counselors: During this session, introduce the "Letter to Me" that they need to write by the last session on Friday morning. Their commitments do not have to be anything huge, or even relate to Make a Difference, but all conferees are asked to make some of commitment that matters to them. You can give them time to think about it and write their letters either in this discussion group or in the final one on Friday morning. **Finally, please remind them to share these commitments with their Rotary Clubs back home, they can be very useful resources.**

Then, the group is free to do whatever the counselors decide. You can go around in the circle and all the team members have time to talk about RYLA. How it affected them, what they enjoyed, how they have changed. Or just be together and have fun.

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Letter to Me Continued

Lined writing area consisting of 30 horizontal lines.

Evaluation for Thursday

Sunrise Hike: (if you went on it)

Not worthwhile 1 2 3 4 5 Fun

SC Word of Focus: SC name: _____

Disappointing 1 2 3 4 5 Excellent

Olympics:

Tug-o-war	Waste of time	1	2	3	4	5	Fun
Toxic Goo	Waste of time	1	2	3	4	5	Fun
Egg Toss	Waste of time	1	2	3	4	5	Fun
Softball Pass	Waste of time	1	2	3	4	5	Fun
Pictionary	Waste of time	1	2	3	4	5	Fun
Hula Hoop Pass	Waste of time	1	2	3	4	5	Fun
T-Jumping	Waste of time	1	2	3	4	5	Fun
Dog Biscuit Pass	Waste of time	1	2	3	4	5	Fun
Egg Spooning	Waste of time	1	2	3	4	5	Fun

JC Word of Focus: JC name: _____

Disappointing 1 2 3 4 5 Excellent

Flag Presentation:

Disappointing 1 2 3 4 5 Worthwhile

Team Time Activity: _____

Disappointing 1 2 3 4 5 Worthwhile

Cassandra Sewell:

Disappointing 1 2 3 4 5 Excellent

Should she be invited back? Yes No

(over)

Talent Show:

Waste of time 1 2 3 4 5 Excellent

Dance/Pizza Party:

Disappointing 1 2 3 4 5 Awesome

Wrap Session:

Waste of time 1 2 3 4 5 Excellent

Other Recommendations and Thoughts:

Friday July 27th

Packing Instructions

Finish packing up all your stuff and get ready to go back to life post-RYLA.

Before Breakfast:

- ❖ Strip bed and put sheets and pillow cases in the middle of the room.
- ❖ Please move all your stuff down into the conference rooms.
 - *Teams 1-9 to Conference Room A, Teams 10-20 to Conference Room B*
 - Remember to keep all your stuff together in one general area and as close to a wall as possible, and please do this as quickly and efficiently as possible.
- ❖ Turn in your keys to your JC or at the front desk. Each missing key is \$5.00 paid immediately.

RYLA Awards

"Winning isn't everything, but the will to win is everything." -Vince Lombardi

Find out how well your team did in all the competitions throughout the week. Find out the results of the flag and skit competitions, Olympics, as well as many others. Good luck to all!

Rotary Opportunities Panel

"Opportunity is missed by most people because it is dressed in overalls and looks like work."

- Thomas Edison

There are so many ways to make a difference, especially in our own Rotary! Find out a couple ways you could get more involved with Rotary. Exchange programs, Interact, Rotaract, YRYLA, take your pick. More information is in the back section of this manual.

Dave Boon

"Your Success Toolkit" dave@daveboon.com

Dave, his wife and a 13 year old family friend survived a horrific event on January 6, 2007 when a Class IV 18' tall avalanche hit them at 85 mph and blasted their car off Highway 40 on Berthoud Pass. They flew over the guard rail and rolled over and over down a 40% slope until they snapped a tree in half and came to a stop buried alive upside down over 300 feet from where the avalanche first hit them. This amazing miracle survival story is described in his recently released self-help book *My Wish: Don't Get Swept Away As A Teen*. He has a true passion for motivating and inspiring others. He has been a coach and mentor for over 30 years, is a pilot, tennis professional, scuba diver, author, and has also been a teacher at various levels. Dave delivers motivational presentations to over 4,000 people per year, and his goal is to get students and adults to set and achieve goals and to create a life of passion and life-long learning. Fasten your seatbelt while the "energizer bunny" motivates, educates, and empowers you to higher levels of "uncommon success" in your academic and personal lives.

Slideshow and RYLA Adjournment

"Now this is not the end. It is not even the beginning of the end. But it is, perhaps, the end of the beginning." - Winston Churchill

Final Wrap session

"Don't cry because it's over, smile because it happened." - Anonymous

Final Wrap Session

- ❖ Review the week
 - Briefly get their opinions on the whole experience
- ❖ Final evaluations-collect any leftovers...
 - Conferees should have ZERO yellow sheets in their binders now.
- ❖ Finish "Letter to Me"
- ❖ Words of Focus
- ❖ Dave Boon
- ❖ Take/Give Activity: (not required, but suggested!)
 - For each group member, go around the circle and have each team member tell the person two or three things you will take away from that person and two or three things they wish to give.
 - JCs and SCs also.
 - e.g.: "I will take away your courage to be yourself no matter what and your optimistic outlook. I wish to give you confidence to be a leader and better time management."
 - Should be very personal and based on your observations of people throughout the week.
- ❖ Talk more about the week and RYLA as a whole

****Collect the "Letter to Me" Letters.** This area has slacked in the past, and we think it's really important to continue emphasizing RYLA. Also, keep reminding the conferees to talk to their Rotary clubs when they get home. We're really trying to foster those relationships. Darian and Emily will email you in about 6 months reminding you to mail your kids letters to them!

Well done counselors! Let's all head out to lunch to celebrate!

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Evaluation for Friday

JC Word of Focus: JC name: _____

Disappointing 1 2 3 4 5 Excellent

Rotary Opportunities Panel:

Disappointing 1 2 3 4 5 Informative

Dave Boon:

Disappointing 1 2 3 4 5 Great

Should they be invited back? Yes No

RYLA Picture Show:

Disappointing 1 2 3 4 5 Informative

Wrap Sessions Overall:

Waste of time 1 2 3 4 5 Excellent

Comments:

Your JC: (please print name of JC) _____

Disappointing 1 2 3 4 5 Awesome

Comments:

Your SC: (please print name of SC) _____

Disappointing 1 2 3 4 5 Awesome

Comments:

RYLA Overall:

Disappointing 1 2 3 4 5 Best week ever

Other Comments:

Conferee Evaluation

Successful JCs are the cornerstone of the RYLA experience and evaluation of your team's members as possible JC candidates is one of your most important duties. Each SC and JC has the opportunity to make recommendations for up to TWO (and no more than two) conferees from your team that you believe would make good candidates for JCs for next year's RYLA. This will be your only opportunity to recommend your team members for RYLA JCs. In general, an ideal candidate for JC will have demonstrated the following traits:

- Excellent leadership skills
- Excellent communication skills
- Would be comfortable leading a group of their peers
- Exhibited an ability to listen and interpret the views of others
- Good organizational and time management skills

If you feel that one or two members of your team exhibited these skills and would make a great Junior Counselor, please complete the following (use the back of this page, if necessary):

1. Name: _____

Why?

2. Name: _____

Why?

I recommend the above candidate(s) for consideration as Junior Counselors at RYLA!

JC/SC Name: _____ Team # _____

Please return to a Head JC or Chair at the end of the conference.

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Extra Resources

Interact

Interact is Rotary International's service club for young people ages 14-18. Interact clubs are sponsored by individual Rotary clubs, which provide support and guidance, but Interact clubs are self-governing and self-supporting. Through projects, Interactors develop a network of friendships with local and overseas clubs.

Interact Program Guidelines

The following are the basic policies and procedures that govern the Interact program.

- ❖ Each Interact club must meet at least twice a month and perform at least two service projects a year.
- ❖ Each Interact club must have a Rotarian advisor who is a member of the sponsoring Rotary club. The sponsor must attend Interact club and board meetings and provide advice on organizing service projects, fundraising, and club administration.
- ❖ An Interact club can be school-based or community-based.
 - A community-based Interact club may draw members from several different schools within the territorial limits of the sponsoring Rotary club.
 - A school-based club is subject to the policies and regulations governing all other organizations of that particular school. In most instances, a faculty counselor — who may or may not be a Rotarian — is appointed to work with the Interactors.
- ❖ Interact clubs are self-supporting organizations that require little or no financial support from the sponsoring Rotary club, and dues, if any, should be minimal.
- ❖ Each Interact club must submit an Incoming Officer Data Form and an Interact Project Data Form to Rotary International annually.

Starting an Interact Club

Starting a club isn't nearly as hard as it sounds, though it does take a solid commitment and effort.

- ❖ **Contact the Interact Committee for help and resources at interact5450@gmail.com.**
- ❖ First of all, keep working on a relationship with your Rotary, so they know who is interested in making this club happen and will be willing to help you.
- ❖ Find some other students who are interested in starting it with you, even if it is just friends.
- ❖ Talk with your school administration to see if it is willing to sanction an Interact Club.
- ❖ Apply for a charter from Rotary International. All forms can be found at:
<http://www.rotary.org/newsroom/downloadcenter/programs/interact.html>

Rotary Youth Exchange

The most powerful force in the promotion of international understanding and peace is exposure to different cultures. Youth Exchange provides thousands of young people with the opportunity to meet people from other lands and to experience their cultures. This plants the seeds for a lifetime of international understanding.

About Youth Exchange

A Brazilian student makes her first snowman in Finland. A South African masters eating with chopsticks at his Japanese hosts' home. An Australian becomes part of an extended family in Russia, and a Mexican student in France raises funds to benefit homeless children in Haiti. New experiences, new "families" and friends, and new adventures can await you, too. This year, more than 8,000 teens will see the world the way it is best seen — from the inside out — through the Youth Exchange program. This could be your year.

As a Rotary Youth Exchange student, you will spend a year, or perhaps just an extended period of time, living with a host family in a country other than your own. You may learn a new language; you will learn a new way of living and a great deal about yourself. You will be helping to bring the world closer together, and you'll be making good friends in the process.

If you are ready for the challenge and the rewards of living in another land as an exchange student, then you are ready to discover new worlds through the Rotary Youth Exchange.

As the Rotary Youth Exchange program is highly selective, you should apply early - up to a year in advance of when you wish to leave, and selection usually takes place in the fall prior to the year of the exchange.

Find more information as well as stories from other students online at http://www.rotary.org/programs/youth_ex/index.html . Hopefully you can take advantage of this incredible opportunity.

The **Ambassadorial Scholarships** are the equivalent of the Youth Exchange Program at the college level. Find more information at

http://www.rotary.org/foundation/educational/amb_scho/index.html.

Rotaract

Rotaract is a Rotary-sponsored service club for young men and women ages 18 to 30. Rotaract clubs are usually community-based or university-based and are sponsored by a local Rotary club making them true "partners in service" and key members of the Rotary family.

As one of the most significant and fastest-growing programs of Rotary service, with more than 7,600 Rotaract clubs in some 158 countries, Rotaract has become a worldwide phenomenon.

Even though you will not be eligible for Rotaract for a couple years, hopefully you'll keep it in mind as you go onto college or into the future. Many Rylarians have gone on to create Rotaract programs at their colleges and universities. Maybe you'll be one of them! Find more information at <http://www.rotary.org/programs/rotaract/index.html>.

Becoming a Junior Counselor

During the month of November, the application to become a Junior Counselor (JC) is available on the RYLA webpage at www.rmryla.org. November 30th is the ABSOLUTE deadline. The application is to serve as a Junior Counselor at either RYLA or Young RYLA (see below). JCs serve for a maximum of two years, unless they are selected to be a Head JC or sidekick and continue for a third year. JCs must attend a mandatory training weekend a few weeks prior to the conference, and must be present for the entire week of RYLA. Becoming a JC allows you to build on your leadership skills you developed here at RYLA. If you feel you have what it takes to be a JC at either camp, we encourage you to apply!

Young RYLA

You have seen what RYLA is all about, we also have Young RYLA, another leadership training program sponsored by Rotary International that promotes, encourages and rewards outstanding young people entering their 8th grade year. YRYLA has similar goals to RYLA, but done in a more age appropriate way for younger students.

YRYLA is an action-packed program of activities that help build confidence and leadership skills (like problem solving games, challenge course, zip line, skits, group discussions and teambuilding activities).

Junior Counselor Bios

Abbey Solnet



Hola to all of Abbey's new RYLA family members! Abbey Solnet is from Highlands Ranch, CO but has lived in Orlando, FL and Leeds, England. If you wanted to know 9 facts about Abbey, you would know that... 1- Abbey plays piano (for 11 years and no less). 2- Abbey loves the number two. 3- Abbey LOVES Elephants. 4- Abbey loves traveling and plans to go to Italy in college, and has been to Australia, Mexico, England, Ireland, Belgium, France, Scotland, and the United States! 5- Abbey loves DECA. 6- Abbey is fluent in 3 languages: English, Algebra and Sarcasm. 7- If you feed Abbey a meal, she requests potatoes, honey nut cheerios, milk, chocolate, twizzlers, salmon, and apples. 8- Abbey loves One Republic and Maroon 5.

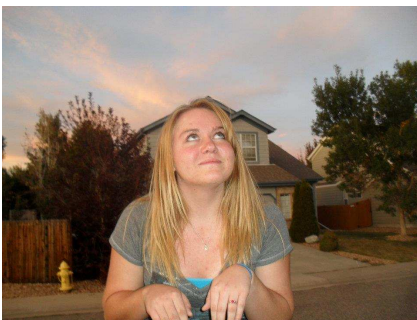
9- Abbey is excited to be a JC at RYLA this year and hopes that each of you has an amazing-wonderful-fantastic-mind-blowing-life-changing-experience.

Annie Casey

Hello new RYLArians! I'm Annie, a Boulder native, outdoor adventure extraordinaire and soon-to-be world traveler. I love outdoor climbing, backpacking and cliff jumping. In my downtime, I can be found reading a good book (a Harry Potter nerd I will always be), slack lining, or drinking tea. In high school, I was the founder of Fairview's very own Interact club, as well as Interact District 5450 Lt. Governor (if you have questions about getting involved, or just want to talk Interact, find me!). I was involved with peer education regarding depression awareness & suicide prevention (I can always be trusted as a confidant). I hope that by this by the time you are reading this, I will have talked to enough of you that it will seem like we already know each other. If not, come introduce yourself (no better time than now!). It is great to have you as part of the RYLA family. Live authentically. Love well.



Ashley Hatzenbihler



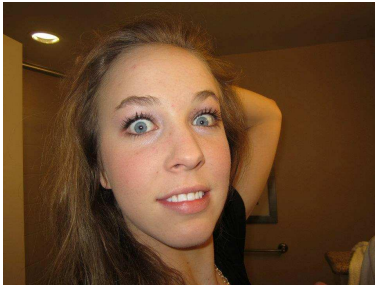
The only way to describe Ashley's life is to describe the inside of a tornado. She is constantly doing a million things and her mind runs at 1,000 miles a minute. Math is the love of her life (no that's not a typo, Ashley has a thing for numbers). Her favorite people are Jim Halpert and George Michael Bluth. She also loves swimming, rollerblading, jogging, playing the guitar, river tubing, rock climbing and go-kart racing. Ashley is obsessed with college sports, so if you want to come say hi and talk about some basketball, she's there. Get excited for the best week of your life!!!

Ashley Packard

My name is Ashley Packard! You'll know who I am because I'm the girl who's always smiling! I am obsessed with the ocean and one of my passions is scuba diving. Whales are my favorite animals! I also love to show jump horses and spend any free time I have at the stables! You'll find that I have an uncontrollable sweet tooth. Cookie dough cheesecake, frozen yogurt with cookie dough, and Cold Stone ice cream with cookie dough are just a few of my favorites! In case you couldn't tell, cookie dough is my weakness! I am not afraid of hard work, and this is my third summer excavating fossils for the Denver Museum of Nature and Science! But what you guys really need to know...is that I am so excited for RYLA and I cannot wait to meet each and every one of you!



Ellie Scripps



Well hello there! I'm Ellie Scripps. I am a Colorado native and proud of it! Volleyball is my passion, so much so that I decided to play in college! Besides volleyball I love hiking, jumping on trampolines, traveling around the world and Pilates. I love old movies, Casablanca being my favorite; pro-football is an obsession of mine, GO PACK GO. If I could be any character from a book it would be Katniss Everdeen, hands down. I love to sing in my shower and car, but who doesn't?! A smile can make anyone's day, and laughter is contagious

so both should be taken full advantage of. I love meeting new people so please say hi! I am more than excited for this week, I hope you all enjoy!

Elliot Towne

What's up RYLA?! My name is Elliot Towne and I'm from Evergreen, Colorado. I love pretty much anything that has to do with the outdoors. Colorado is where I belong. My favorite kind of ice cream is mint chocolate chip, my favorite place in the world is Red Rocks Amphitheater and my favorite Powerpuff Girl is Bubbles. I'm a friendly fellow, so feel free to introduce yourself with a spontaneous high five.



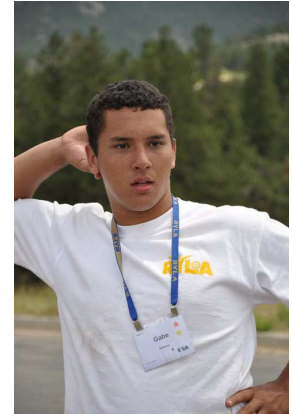
Evert Finger



Tale as old as time, true as it can be, barely even friends... A whole new world, a new fantastic point of view, no one to tell us no or where to go...And I can see what's happening, and they don't have a clue, the conferees will fall in love and here's the bottom line. The leadership is up to you! Hey everyone, the name is Evert. I am a second year JC (for the greatest program on our planet we call earth) and being excited or overjoyed cannot describe how pumped I am to be here once again! Prepare yourself to make friends, fall in love, discover new points of view, and come talk to me! I really enjoy talking! RYLA LOVE!!!

Gabe Romero

Well hello there! My name is Gabriel, Gabe, G\$, Romero and I am currently fresh outta the PHS(Poudre High School) in Fort Collins, CO. Just Graduated and I will be attending University of Northern Colorado in Greeley this coming fall. I am a Sagittarius, like long walks on the beach, and am a TV star on a show called Criminal Minds I play Derrick.. No big deal. I love Hip Hop, Rap, Old School/Funky Phresh music, as long as it has sick beat I'm all in for it! I love to write just to get my thoughts down on paper, plus anything that rhymes takes care of them haters. Basketball is my favorite sport I like the way they dribble up and down the court... You finish it! Haha :) I work at the Boys and Girls Club, love to have fun, and meet new people. My swag is combination of Jagger and Jesus! This is going to be a blast lets make some memories!!! RYLA!!!!



Ian Tuttle



I'm Ian and I live in Greeley, Colorado, with my parents and younger brother who I love dearly. I enjoy playing and listening to music, solving complex math problems, watching action movies, running long distances, hanging out with my family, and growing in my faith. I play trombone in bands both at school and at church. Go Low Brass! If I could travel anywhere in the world of course I would go to Disneyland because I am a humongous Disney freak. I appreciate playing a game of basketball or having a discussion about Harry Potter. The mountains have been a sweet spot of mine; whether it's hiking or hanging out in the woods, I just cannot stay away. Anything necessary to have a great RYLA experience is why I am here for you!

What's good RYLA leaders? My name is Jordan Carr, and I'm from beautiful and historic Lander, Wyoming! Since I'm from Wyoming, I might as well make some common misconceptions clear: I do not ride a horse to school, and I do not own a kick start microwave. Other than that, i spend my time playing soccer, baseball, and boarding; as well as creating artwork in all shapes and forms and chillin with friends. Enough about me though, because this week is about you guys! Just by being here, you guys have been chosen because you're great leaders, and I got mad respect for all of you already. Talk with all of you throughout the week!

Jordan Carr



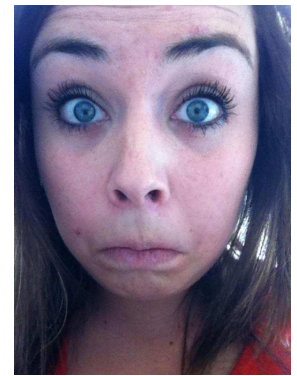
Katlyn Alapati



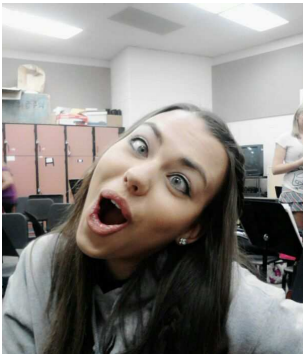
Howdy! My name is Katlyn Alapati. People call me Katlyn Alapati. If I could run in the rain while eating pineapple pie and listening to some kaleidoscope conglomeration of Lady Gaga, Johnny Cash, Jason Mraz, Damien Rice, Cake, and Billy Joel, that's exactly what I would be doing at this very moment. I say weird things like "holy crickets and peanut sticks" because no one ever stops me, and I like that. I'm an uber nerd sometimes, and I feel that saying "thou shall not pass!" is appropriate in any and all circumstances. I can't wait for you all to taste the RYLA magic; it's delicious! Huzzah!

Lauren Gresh

Hiyah! My name is Lauren Gresh and I am a Colorado girl through and through. As much as I try to deny it, I am a huge nerd. What I lack in height, I make up for in energy and the size of my truck. I can not go a day without drinking coffee or eating chocolate. Laughter is the best medicine and friends are truly family. Bring on the RYLA Magic!



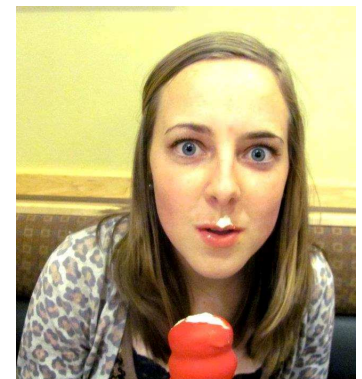
Macee Jo Mueller



Hey hey hey! My name is Macee Jo Mueller and I'm from good ole Greeley Colorado! (Don't worry, I didn't bring the infamous smell with me!) You can call me Macee, Macee Jo, or whatever else your creative mind conjures up! I love the months of summer, as they bring mangos and sunshine and pure joy and RYLA magic! I am a theatre major, so prepare yourself for sporadic song and tap dance numbers! I also write music on my guitar and cello. My taste in music is quite eclectic, so we're bound to have something in common! Come ask me about it! Taylor Swift reads my soul like a book,

my little brothers own my heart, and RYLA magic shapes my being. Welcome to the best week ever. I can't wait to be your friend.

McKenzie Tilton



Heeey!!!! I'm Mackenzie, but you can all me Mack, or Kenzie for short. I hail from the glorious Greeley, Colorado. I live for public displays of spontaneity and late night shenanigans at Dairy Queen with the besties. I have everything I need to survive right there at my fingertips: tennis courts, approximately 137 coffee shops, my family and most importantly, the most incredible group of friends EVER!!!! It's just marvelous, but the only two things missing: the great mountain air, coursing through my lungs and most importantly RYLA!!!! I am ecstatic to have this opportunity to be here with everyone and I can guarantee it's going to be super fantastical!!! Hope you're ready for the insanity and awkwardly wonderful coziness of this spectacular week!!

Omar Solis



I'm glad you came! Born at a very young age, around the corner in a far land. I work to live, viva la vida! Tall, caramel frap with java chips, no whip, unless I feel ambitious, then I go for the chocolate whip, but a hot mocha works just as fine. Passionista, I strive to make a difference. Desenrascango. Don't treat me like a stranger 'cause that feels so rough, beating like a drum, I'm coming your way! HEY! ¡Mucho, muchísimo amor!

Renzo Laynes



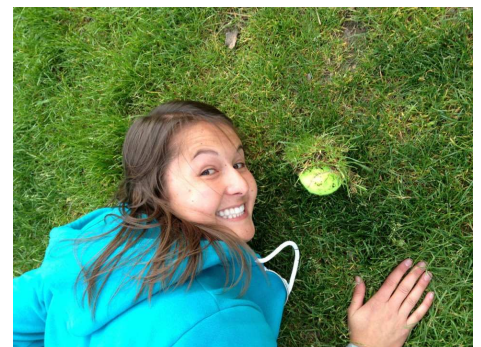
What's up my fellow RYLA brothers and sisters?! My name is Renzo and I can't wait to get to know you all. I was born and raised in Peru, and came to the states when I was 6. Being from South America naturally soccer is in my blood. I love the sport more than anything. I'm definitely excited to meet you, and would love it if at anytime you stopped me just to say hi and introduce yourselves. I love meeting new people and I know you guys will absolutely LOVE RYLA!

Sam Banks



Howdy ya'll!!! im just a down home country boy from the plains of Colorado. I don't like nothin' more than takin' my horse out for a nice trot. Churnin' butter and shootin' guns are a couple of my most favorite hobbies. Next year I'm going to CU YA'LL!!! GOOO BUFFSS!! I can't wait to show ya'll how to get down in a ho down and have some good old country fun!!

Sam Miyauchi



As an avid world traveler and cappuccino lover, this girl would love to share stories over a good cup of coffee with anyone willing to laugh with her. She loves everything outdoors and feels blessed to have grown up in the beautiful Colorado Mountains. Her favorite past-time is reading any good book, especially her Bible, while laying on the beach in Cali or under flowering magnolia trees in Washington where she goes to school. Her favorite animals are pelicans, and if you really want to know why, you're gonna have to go find her to ask. She is beyond stoked to serve you as a JC this year and hopes that you're ready for a crazy week that'll change your life. ex-oh-ex-oh!

Shannon Galligan



Hi RYLA! My name is Shannon and I'm from the Land of Love—Loveland, Colorado. I'm super easy to get along with so please don't be shy and come say hello. I love to play tennis, read and spend time with the people that I love. I believe the way to a girl's heart is through her stomach. Make me laugh and we'll get along great, make me snort and we're best friends. I'm also clumsy and I love awkward situations. I believe that love can save the world and RYLA is the most magical week of the year.

I climb cacti with ease. I believe RYLA is the 8th Wonder of the World. My charm is so contagious vaccines have been created for it. I can speak French, in Russian. I have never fallen asleep driving, but I have woken up driving. I once wrote a short story about a photographer who goes completely insane trying to take a close-up photograph of the horizon. I am a peripheral visionary... I can see into the future it's just way off to the side. I hail from the wonderful city of Greeley, CO but I spend most of my time playing soccer at the Colorado School of Mines. I am so excited for the 26th RYLA! It changed my life and I hope it changes yours!

Tanner McManus



Senior Counselor Bios

Vicki Bock



I'm Vicki Bock from Evergreen, CO. I have been a Rotarian for about 15 years, serving as the Program Chair for the Conifer club for the last seven years. I have three grown children and three of the smartest, most talented grandchildren in Oregon. My first career was in teaching elementary school. I then spent twenty-one years in the insurance business as an agent and district manager. For the last ten years, I've owned a thirteen room country Inn in Evergreen, which keeps me out of trouble. My passions are Rotary, yoga, nature, gardening, cooking, and people. This is my first year as a Sr. Counselor!

Len Brass



OK... so I feel 36 (most of the time) but I'm a little older. I've been a part of RYLA both in Colorado and in California for 20 years. MY career was spent as a teacher, principal, teacher supervisor and professor. I made a list of the 20 places on earth I wanted to see when I was 12...and finished it five years ago in Antarctica. I'm a writer and world traveler, and a Rotarian since 1975. I love the opportunities that Rotary has offered me, especially in Thailand where I do volunteer work for a university and for a women's prison. (We won the Princess of Thailand Award for Excellence this year.) My Rotary club brings a Thai student to America for a 3 month English Immersion program each year. I'm married to a wonderful lady, a father and grandfather. RYLA touches the lives of so many and provides lessons and friendships that are lifelong.

Skye Coleman-Weisz



Born and raised in Wyoming, Skye is an avid outdoors man with hobbies of pretty much anything that gets him outside. Sports are a passion of Skye, and he tries to play them all, but not all successfully. Professionally, Skye is a real estate broker for his family's company, and has been selling real estate since he was 18 years old. Look forward to meeting you!

Maria Camp



Maria Rosa Camp joined the Evergreen Rotary Club in 2008 and loves her life as a Rotarian. Her claim to fame is swimming with Idi Amin as a teenager (some swim with the dolphins...she thought swimming with Idi was more exciting). Idi Amin was the infamous, brutal and bloody dictator of Uganda, East Africa. Born in Chile, of a Spanish father and Ecuadorian mother, Maria, her father's United Nations career took them to Ecuador, Honduras, USA, Uganda, England and Switzerland. She now lives in Evergreen, Colorado with her son Luke, her dog Hugo, and her cat Bear. Maria is working on her Masters in Non-Profit Management at Regis and is the founder and Executive Director of Into Your Hands-Africa, an organization that supports youth education in rural Uganda. Her favorite quote is Margaret Meade's: "Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has."

Dan Davis



I was born October 22, 1941 in Idabel, OK and grew up on a cattle ranch in Southern Oklahoma. Southeastern Oklahoma State University was where I attended college, and I graduated in 1974. I served on the board of Sungate (a child advocacy center) from 1992 to 2002. Racquetball is a passion of mine, I am an active member and on the board of the Colorado Racquetball Association, coach Colorado juniors racquetball, and teach the game at the Trails Recreation

Center in Centennial. I developed "Whisperball", a game played on a racquetball court designed for seniors, juniors and handicapped. I am a member of the Aurora Gateway Rotary.

Larry Fitzsimons

I have been in Rotary since 1997 and currently I'm the secretary of the Evergreen club. The past two summers I have been a senior councilor at YRYLA and this is my first year as senior councilor at RYLA. I'm retired after 40 years in banking. I'm married to Linda and have one son who just graduated from the Colorado School of Mines.



Greg Hoskinson



I have been married 32 years and am a father of two. I love reading and collecting fine and rare books, exploring the world of wines, fly fishing, and playing with my almost-two-year-old granddaughter. I am an entrepreneur, having built a somewhat successful business in home financing and refinancing. My company, Sterling Mortgage turns 20 years old next January. I have a sincere passion for young adults. Through Rotary I have been actively involved in Rotaract, the "branch" of Rotary for those 18-30 years old. For 15 years I have held weekly senior high school forum discussions covering almost every

topic imaginable. Also, for 15 years I have been involved with annual high school retreats as a "small group" leader.

Katie Keller

Hello, my name is Katie Keller, I am a Colorado native and the oldest of 7 kids. I love to ski, mountain bike, and learn new languages. I received my education from The Sorbonne in Paris and The University of Denver. I work in the Denver Tech Center at Wealth Strategies Group and I absolutely love my job. In the past year I have volunteered my time with Project C.U.R.E., The Dress for Success Foundation, The Yess Institute, and the Homeless Initiative. I hold the Philanthropic Chair for my HYPE group and I am a part of the 1907 Ambassador Circle at Craig Hospital. In the past few years I have worked on Projects to benefit children in Mali, West Africa, and in Romania. I am looking forward to my first RYLA experience this year. I cannot wait to meet all the conferees and be a part of an incredible journey while building memories that will last a lifetime.



Maud Huey Kenyon



Giving drops of polio vaccine to kids in Nigeria led me to join Rotary in 2005. I am a licensed psychotherapist, mother of three 20-somethings and wife of a long-time active Rotarian. RYLA is an opportunity to experience another part of the Rotary world. A Boulder Valley Rotarian, I plan programs for meetings and work on play grounds at local preschools for community service projects. A long way from Nigeria, I enjoy what Rotary offers: an opportunity to look for commonalities in communities, clubs and kids around the world. The enthusiasm of former senior counselors motivated me to take the plunge and join the 2012 camp experience.

I have been a SC with RYLA for the past three years. I love the great outdoors, especially snow skiing, playing golf, and the beach (I'm a California beach-girl). I have been in the Highlands Ranch Rotary Club for thirteen years, Club Secretary for five years, now the RYLA rep & "Peach Queen" raising funds to send our RYLarians to camp. I have two adult children, four grandchildren, and "hubby" Tom of nearly 5 years with two adult children plus four more grands = 8 is enough! Jan and Tom are both retired, love to travel, and lovin' life! I am so very much looking forward to RYLA-love again this July.

Jan Keyton



Stacy Kiehl



Stacy (Harris) Kiehl is the mother of her 2 year old daughter (Lauren), along with being a teacher of middle school students with special needs. She is also the daughter of Curt Harris! Stacy has been an SC with RYLA and Young RYLA for 6 years! She has also volunteered with many other organizations including the Platte Valley Youth Detention Facility, her school, and teens needing assistance with social skills. Stacy loves to be outdoors, ski, quilt, read, and hike. Most importantly, Stacy loves to be a part of the RYLA team!

Norm Lyster

Norm was born in Greeley and worked on the family farms through high school. After graduation from Greeley High School he attended the University of Colorado. Frontier Airlines and Katzke Paper Company employed him until he enlisted in the U. S. Army . After six months of schooling at Ft. Devens, Massachusetts, he was stationed in Germany. He was there when the Berlin Wall went up. Upon returning to Colorado he completed a masters degree and teacher certification. He taught in Jefferson County for five years. He received his Doctorate at the University of Massachusetts. Teaching continued at Hartwick College in Oneonta, NY. He completed a second masters degree in Computer Science at Evansville, Indiana. After retirement he returned to Colorado where he manages the family farms.



Donna Martemucci



My name is Donna Martemucci and I am a proud member of the Rotary Club of Fort Collins - Breakfast. I have been a Rotarian for over 6 years and am currently serving as Membership Committee Chair and as a member of the Board of Directors. I have attended Rotary Leadership Institute and have attended both District and International Conventions. I have also enjoyed being part of the Visioning Team for District 5440. I have just retired from Eastman Kodak after almost 31 years. I am married to a great guy and live in the foothills with a couple of cats and a few horses.

Phil Murphy



Employed for 33 years with the Colorado State Forest Service. Present position as Information Technology Division Director. Member of Fort Collins Breakfast Rotary for 22 years and Past-President in 2006. Currently serving as an Assistant District Governor and Chair of the District Rotary Leadership Institute Program.

Rawnda Pierce



Rawnda is the President Elect of her Rotary Club in Scottsbluff/Gering, Nebraska. She has been in Rotary for 10 years, of which the past 6 years has been on the Board of directors for her Rotary club. She is the Executive Director of Twin Cities Development - an economic development organization. It is Rawnda's job to help attract new companies to the community and help expand existing businesses. Rawnda graduated from the Univ. of Wyoming with a degree in Accounting. Although she still carries the CPA license, she hasn't practiced public accounting for years. She is married to Rick and she has two sons.

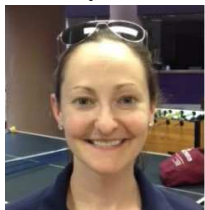
Michael is 22 and Brannon is 19. Both boys attend the Univ. of Nebraska at Kearney. She enjoys golf, jet skiing and boating, sports of all kinds and traveling with her family.

Joe Roos



Born in Buffalo, NY, I worked for IBM for 16 years. Since 1995 I have been a development director for several non-profits in NY, WI and CO. Currently I am the Director of Philanthropy for the Douglas/Elbert Task Force in Castle Rock, CO. I have been married for 34 years and have 4 children ranging in age from 25 to 31. I enjoy all sports and travel frequently. I walk daily and practice meditation and yoga regularly. In April of 2012 I joined the Highlands Ranch Rotary and enjoy volunteering and helping people in my community.

Casey Sacks



Casey lives in Evergreen with her husband, Erik and their dog and cat. She completed her doctorate in higher education administration and is a "college expert". Currently Casey works with the Colorado Community College System in Career Education.

Marc Solnet



Marc has had a very remarkable year and is excited to share some of his stories, philosophy, enthusiasm, and positive attitude with each and every one of you! Born in Brooklyn New York, Marc has lived in New York, Florida, Texas, and England all before settling in Highlands Ranch Colorado with his wife Julie and two daughters Abbey & Sarah. Marc bleeds Orange and Blue as a loyal Florida Gator graduate in Engineering. Currently Marc is in Sales working for a global software company and loves it! Previously Marc has led numerous teams in various roles as an Information Technology professional for over 24 years. Marc is an active Rotarian for 14 years and will enjoy spending his second RYLA with you this week, also serving as the RYLA assistant registrar during spare time. Marc is an avid snowboarder, golfer, runner, father, brother, son, friend, and mentor and can't wait to share his passion for Rotary, leadership, and LIFE!

Bev Stewart



I'm from Greeley CO. I grew up in Sioux Falls SD as the oldest of four children. My father died when I was 15. I graduated from Iowa State University with a degree in interior design and I have been working as a designer since then. My husband, Bob, is a psychologist and we have one adult son, Shawn. For 7 years in the 90's, we lived in Kona Hawaii. Besides Rotary service and being secretary of my Rotary club, I have volunteered with The Rape Crisis Task Force and the battered women's shelter in Greeley among other things.

Mark Vickstrom



Mark is back for his 5th year as an SC. He lives in Evergreen, pastors a church in Denver, has had three kids in RYLA, and looks forward to a great week here with you! Mark and his wife, Anne, love traveling and experiencing all the great things the world has to offer. Being a part of RYLA and helping *you* become better leaders is part of that!

Staff Bios

Curt Harris-Chair



Curt Harris was born and raised in Sioux Falls, South Dakota. Curt and his family escaped to Colorado in 1977 where he began his career as a banker. He retired over ten years ago and began the real work of volunteering for Rotary projects and pursuing a Master's degree at the University of Denver (where he was often mistaken for a member of the faculty rather than a student). He has been very active in the Rotary Club of Evergreen's International Service Committee and has visited Rotary projects in Haiti, Uganda, Kenya, Tanzania, Guatemala and Nepal. He is also past President of Evergreen Rotary. When not involved with Rotary projects, he enjoys backpacking, mountain climbing, sports and skiing and endures golf. His wife Barb has tolerated him for over 37 years. They have three adult children, three granddaughters and two spoiled dogs. This will be Curt's eleventh year being involved with RYLA/YRYLA and his second as Chair of RYLA.

Bob Wallace-Assistant Chair

Bob grew up on Long Island, NY and attended St. Leo College in Florida. He spent time in the military both in the Navy and Marines, where he served in Viet Nam. He has a business degree from St. Leo's and a Master's Degree in Health Administration from Washington University in St. Louis. He lives in Evergreen with his wife. He has three children, two of which live in Chicago (where he spent 20 years prior to coming to Colorado). Bob works for Centura Health where he is the Service Line Director for Rural Health. Bob has been a RYLA Senior Counselor multiple times.



Darian Finley-Garcia-Head JC



Yo Yo Yo!!! What's crackin guys?? My name is Darian Christopher Finley-Garcia and I am a home-grown, outdoor lovin', sports playin', snowboarding, University of Oregon goin', Colorado born and raised MOMMAS BOY!!! I randomly will bust out in a song so be prepared to hear me sing or beatbox at the most random of times. I have been a part of RYLA for 4 years now and I'm excited to share this year with you all I love meeting new people so please, at some point this week come up and say hi to me because if you don't I will find you!!! I have a wild personality but I also love long walks on the beach as well as a nice chick flick like The Notebook for instance! I want to travel the world and make an impact on this place we call Earth. I cannot wait to meet you all!!! Get ready for a crazy fun week and be open-minded! "Live simply so others can simply live."GET PUMPED!!!

Emily O'Boyle-Head JC

I'm Emily, aka EO'B! In my free time you can find me working away at the local swimming hole in Gering, Nebraska, keeping the lifeguards in line and the "non-swimmers" in my sight. I attend the University of Nebraska Medical Center and am majoring in nursing. I'm an avid Duke and Georgia Bulldogs fan, great shower singer, rapper extraordinaire, waltzing fool, floss twice a day, and can make a clover with my tongue when my mouth is closed. I can't wait to meet your bright and shining faces! It's about to get crazy, folks...let the best week of the year begin!!



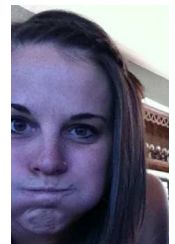
George Vickstrom-Trusty Sidekick



I am a former RYLarian, Junior Counselor and am excited to be back at RYLA. I am originally from Evergreen, CO and went to Evergreen High School. I recently graduated from CU-Boulder and am now living in Boulder through the end of the summer, at which point I will be moving to London to pursue a post-graduate certificate in International Business Relations and working an internship for UBS Investment Bank. I have awesome parents, two stud younger sisters and a ten pound dog that specializes in keeping bears away. In my free time I enjoy skiing, golfing, basketball, going to concerts, traveling and hanging out with my friends and family. I can be found this week simply by looking for the goofy straw hat- if you feel so inclined, please don't hesitate to come talk to me- I'm nicer than I look.

Maddie Towne-Photographer

Maddie loves her Colorado sunshine and gets to enjoy the outdoors working as a lifeguard all summer long. She also likes camping in snow storms, tripping over benches, getting attacked by bicycle chain rings, and cheering on her CU Buffs in Boulder! She is thrilled to be back at RYLA to share the RYLA love with everyone!



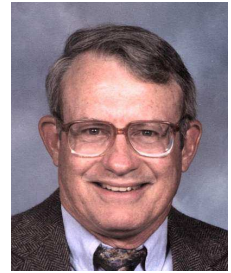
Bill Manning



Bill is another of the Evergreen Mafia at RYLA. This will be his 12th RYLA including a few International RYLA runs. If Brother Bill ever gets a life, he hopes to find peace on a golf course or mountain bike trail. He certainly overachieved in marriage with Dr. Marsha and they aspire to explore more exotic lands. By day, Brother Bill, is a mild-mannered investment advisor.

Bill Grady

I was born in New Orleans and raised in Baton Rouge, Louisiana. I am the oldest of 7 children (good Irish Catholic parents). I graduated from University of California at Berkeley with a degree in Chemical Engineering. Judy and I attended University of Wyoming for our advanced degrees. After we both graduated, I accepted jobs at several government nuclear facilities (Yes, I do glow in the dark). I eventually accepted a job with Exxon and worked for them for a number of years at various oil and gas facilities. We then moved to Greeley. Judy and I have been married for over 40 years. My hobbies include church work, tennis, running, biking and taking care of our home and yard.



Kevin Farrell Treasurer, Procurement and general constant pain.....(CPA)



I am a CPA doing financial and business consulting principally for small businesses. I've been in RYLA since 1986...that would be the beginning...and served as Chair in 1990-91. My proudest achievement is my family. Kathi and I just celebrated our 40th anniversary; we have two sons and three grandchildren. Both sons have been to RYLA and been counselors. Greg, the oldest did a wonderful school supply humanitarian project while deployed with the U.S. Army Reserve in Iraq last year. Brian has recently joined a new Rotaract club in South Denver. Most important, they are great husbands and fathers.

